## UNIVERSITY OF FLORIDA COLLEGE OF MEDICINE JACKSONVILLE Office of Educational Affairs

<b>Approval Date</b> : 12/4/2018	Subject:	Page 1 of 1
Approved by: GMEC	Fatigue Training	Revised Date: 07/25/2009; 1/27/2011; 3/11/2016; 5/10/2016; 11/1/2018
Effective Date: 07/01/2003		Reviewed Date: 11/1/2018

## **POLICY**

The ACGME requires that faculty and residents must be educated to recognize the signs of fatigue. In response to this requirement, the Institution has Fatigue Training available for all faculty and residents through HealthStream.

The ACGME Institutional Requirements state:

- III.B.5. Clinical Experience and Education
- III.B.5.a).(2) systems of care and learning and working environments that facilitate fatigue mitigation for residents/fellows; and, (Core)
- III.B.5.a).(3) an educational program for residents/fellows and core faculty members in fatigue mitigation. (Core)

The ACGME Common Program Requirements state:

- VI.B.4. Residents and faculty members must demonstrate an understanding of their personal role in the:
- VI.B.4.c) assurance of their fitness for work including:
- VI.B.4.c).(2) recognition of impairment, including from illness, fatigue, and substance use, in themselves, their peers, and other members of the health care team.
- VI.D. Fatigue Mitigation
- VI.D.1.a) educate all faculty members and residents to recognize the signs of fatigue and sleep deprivation;
- VI.D.1.b) educate all faculty members and residents in alertness management and fatigue mitigation processes; and,
- VI.D.1.c) encourage residents to use fatigue mitigation processes to manage the potential negative effectives of fatigue on patient care and learning.

All Programs are required to educate their faculty and residents. Faculty and residents will be required to complete Fatigue Training during the onboarding process or shortly thereafter during orientation.