

**Research Essentials Talk**

**UF Jacksonville**

**August 4, 2020**

The Southwestern Surgical Congress

# Presidential Address: Imagination trumps knowledge

Frederick A. Moore, M.D.\*

The American Journal of Surgery (2010) 200, 671–677

## Strategy for Translational Team Science

### Testable Cartoons



Imagination

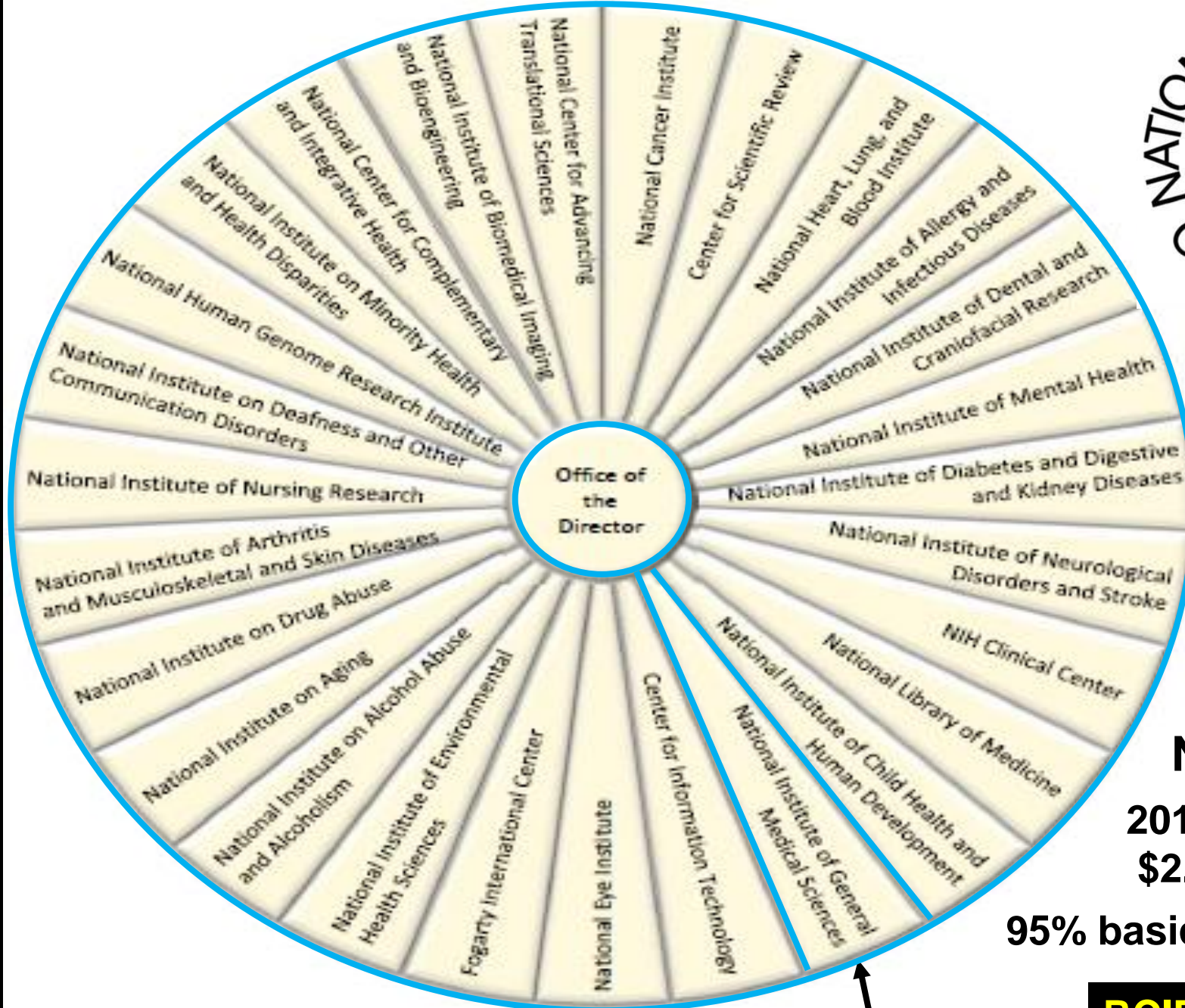
# The role of NIGMS P50 sponsored team science in our understanding of multiple organ failure

Frederick A. Moore, MD, Ernest E. Moore, MD, Timothy R. Billiar, MD, Yoram Vodovotz, PhD, Anirban Banerjee, PhD, and Lyle L. Moldawer, PhD, *Gainesville, Florida*

J Trauma Acute Care Surg 2017

Only discuss results related to the next cartoon





21 Institutes

6 Centers

**NIGMS**

2019 budget  
\$2.9 billion

95% basic, 5% clinical

**RCIPS Grants**

**National Institute of General Medical Sciences (NIGMS)**

# Research Centers in Injury and Peri-operative Sciences “P50 RCIPS Grants”

**Team Science** Around a Common Theme

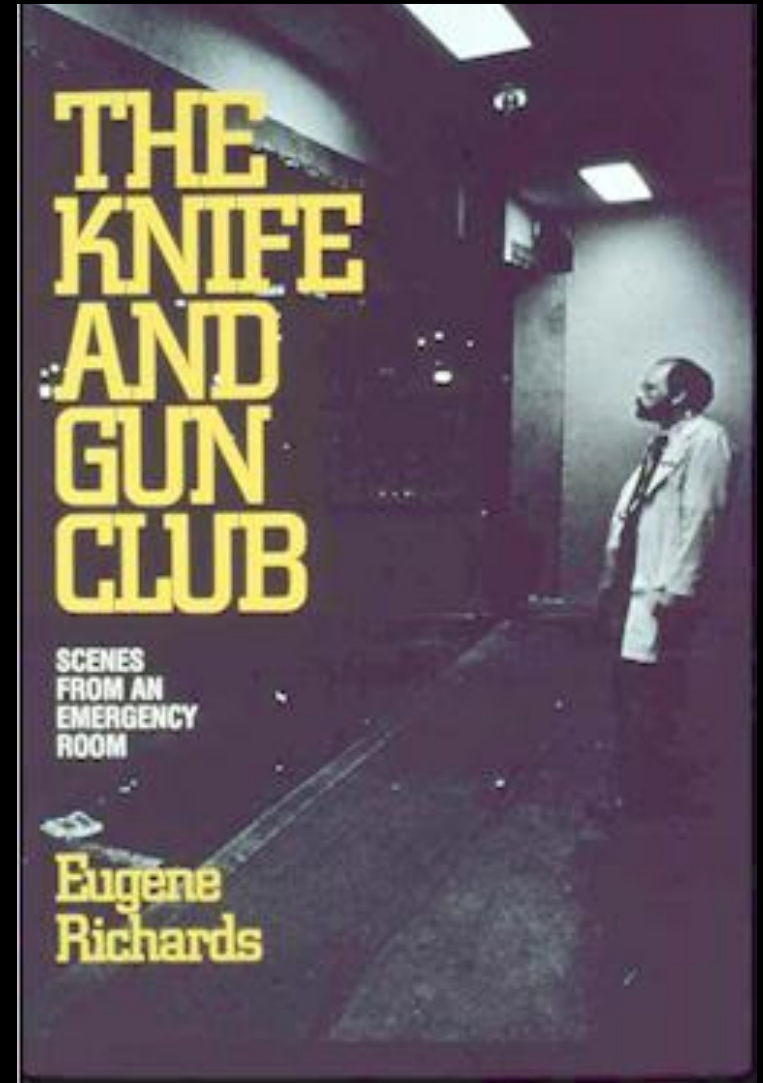
3-5 Projects Led by Established Scientists

**Value-added** Beyond Collection of RO1 Projects

Primary Purpose → **Transform Knowledge**

# University of Colorado 1979-1996

## Denver General ( DG )



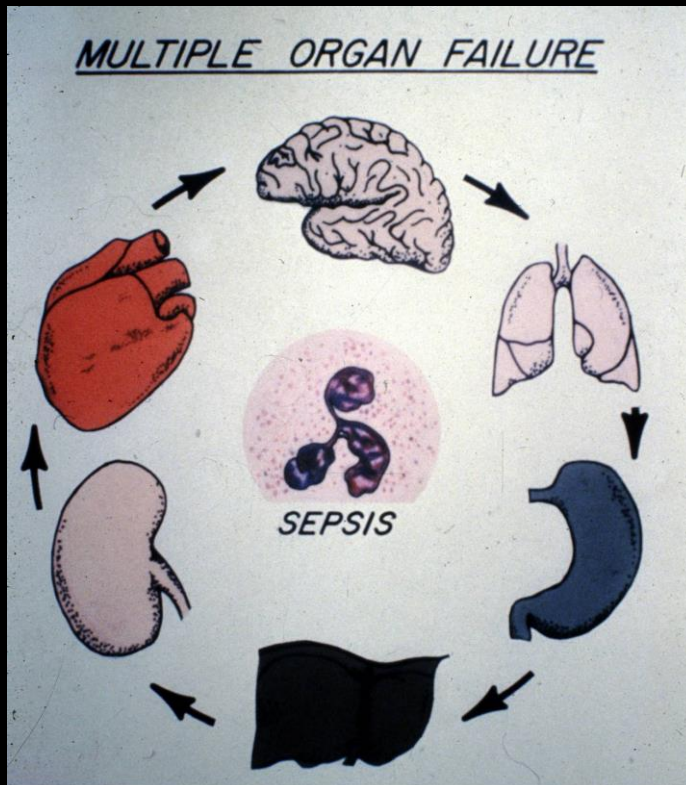
Research was a core value

# MULTIPLE ORGAN FAILURE

B. Eiseman, M.D., F.A.C.S., R. Beart, M.D., and L. Norton, M.D., F.A.C.S.,  
*Denver, Colorado*

**Surg Gyn Obstet 1977**

## Confusing & Important Topic

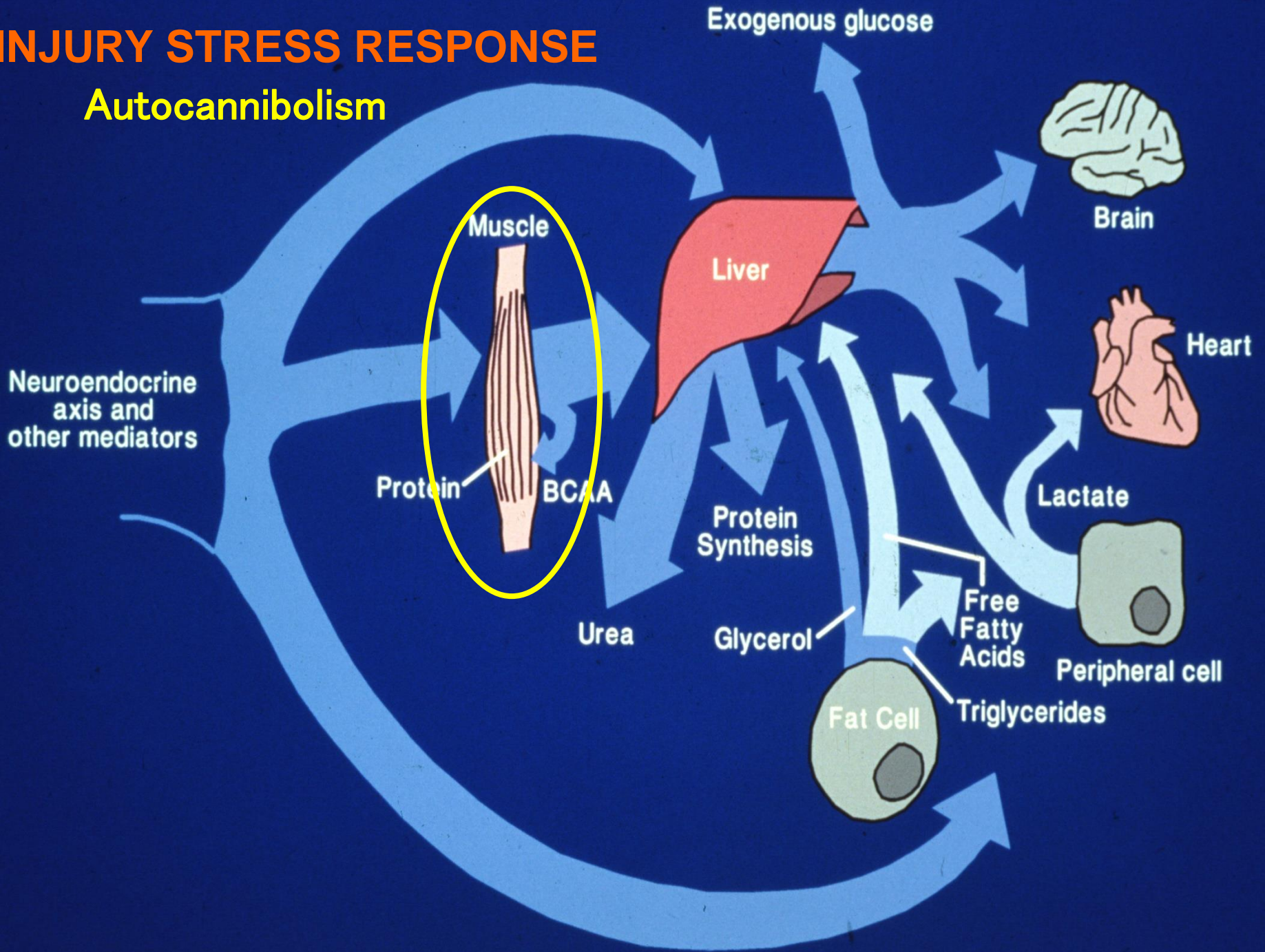


**Became Our Research Focus**

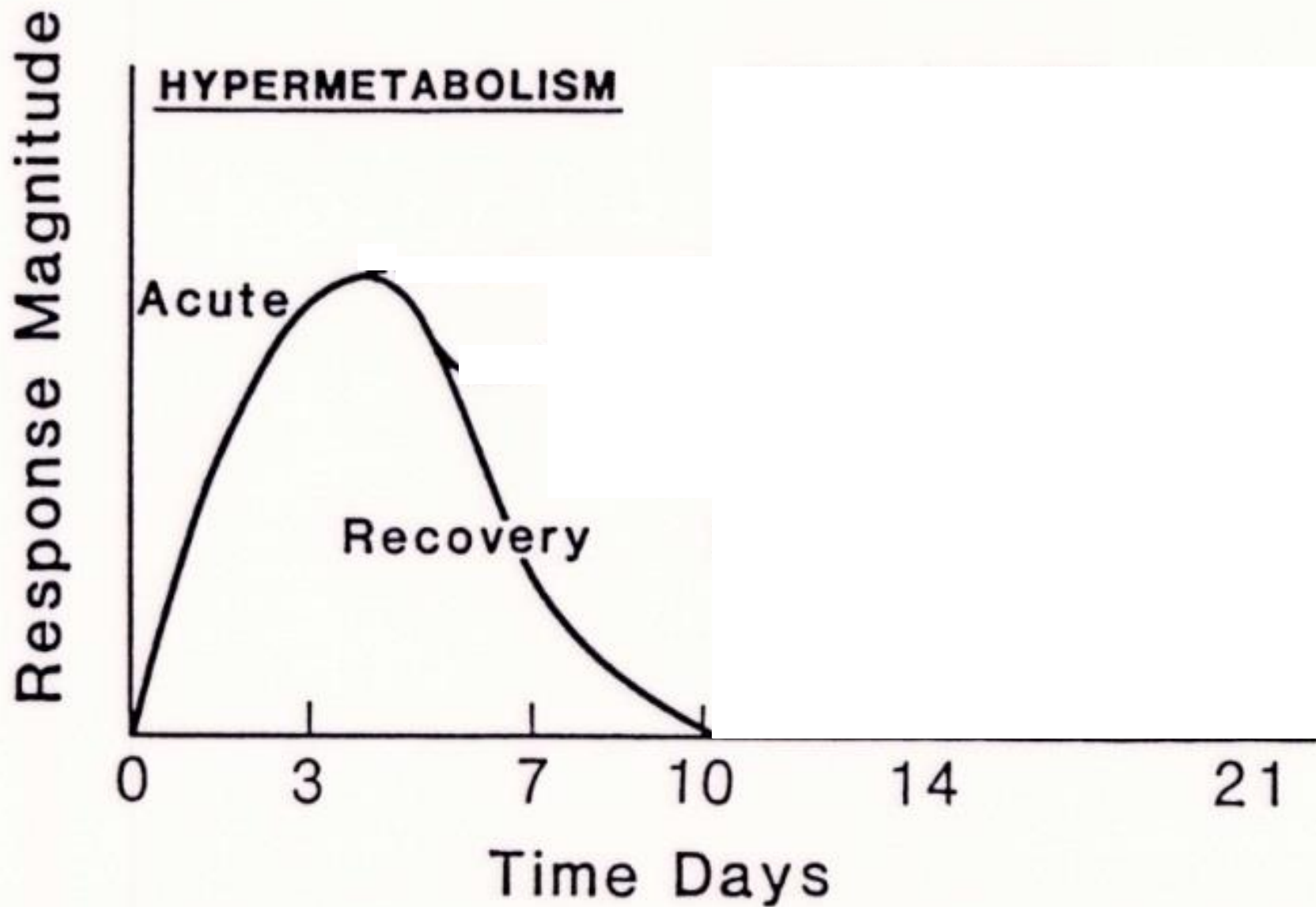
**Ben Eiseman**

# INJURY STRESS RESPONSE

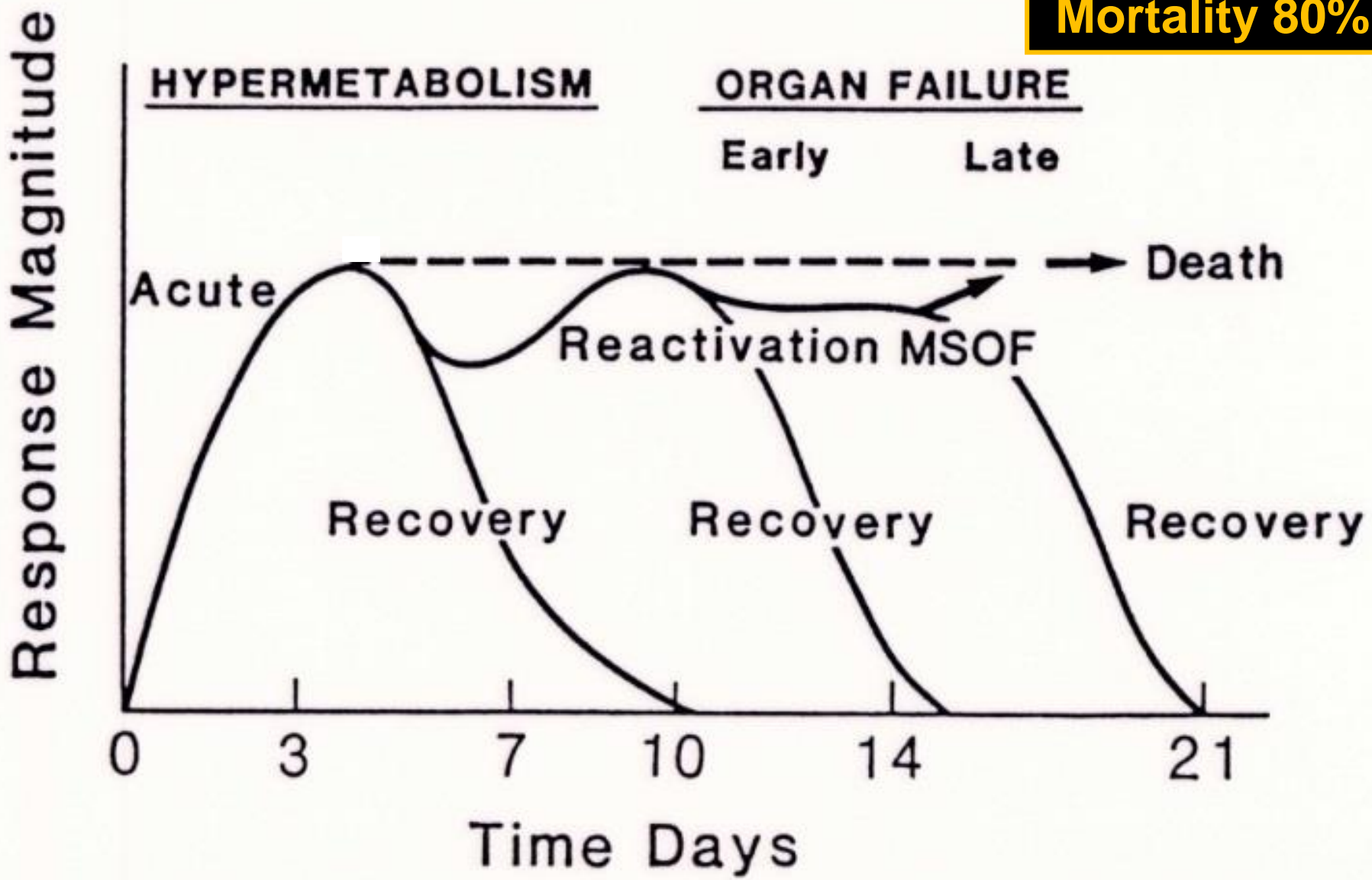
## Autocannibalism







**MOF**  
**Mortality 80%**





**JL Meakins**

**Host Response to Blunt Trauma: Interrelationships of Anergy, Depressed Neutrophil Function, Nutritional Status and Sepsis**

*NV Christou, MD, PhD; APH McLean MD and JL Meakins*

**J Trauma 1980**

**Linked to Immunosuppression & Later Sepsis**



**RF Edlich**

**The influence of catabolism on immunocompetence in burned patients**

*J.M. Hiebert MD, M. McGough, BA, G. Rodeheaver, PhD, J. Tobiasen, MA  
M.T. Edgerton, MD and R.F. Edlich MD, PhD*

**Surgery 1979**

**Reversed by Nutritional Support (TPN)**



**Stan Dudrick**

**Effects of Protein Depletion and Repletion on Cell-mediated Immunity in Experimental Animals**

*John M. Daly, MD, Stanley J. Dudrick, MD, Edward M. Copeland, MD.*

**Ann Surg 1978**

**“Golden Age” of TPN**

# Nutrition Support Team Denver General Hospital

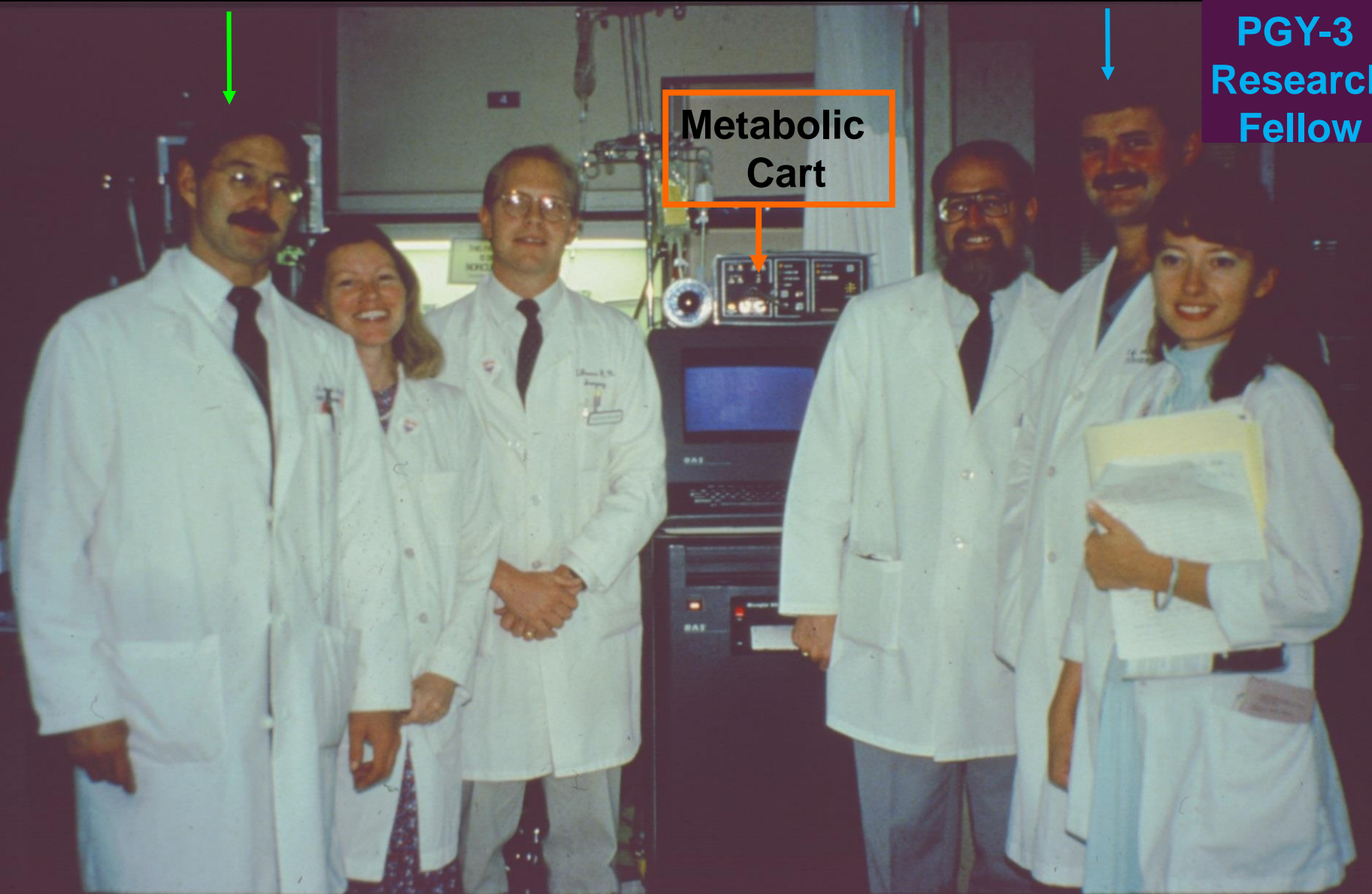


Brother "Gene"

Me

PGY-3  
Research  
Fellow

Metabolic  
Cart





# **Injury Stress Response**

## **Acute Protein Malnutrition**

↓ **Muscle Mass**

↓ **Visceral Protein**

↓ **Organ Function**

↓ **Immune Response**

**Infection**

**Multiple Organ Failure**

# Hypothesis

## Acute Protein Malnutrition

**Nutritional  
Support**

↓ Muscle Mass

↓ Visceral Protein

↓ Organ Function

↓ Immune Response

**Infection**

**Multiple Organ Failure**



# Benefits of Immediate Jejunostomy Feeding after Major Abdominal Trauma—A Prospective, Randomized Study

ERNEST E. MOORE, M.D., AND TODD N. JONES, B.S.N.

**J Trauma 1986**

**Early TEN vs. Delayed TPN**

**Decreased Infections**

# TEN versus TPN following Major Abdominal Trauma— Reduced Septic Morbidity

FREDERICK A. MOORE, M.D., ERNEST E. MOORE, M.D., TODD N. JONES, R.N.,  
BRIAN L. McCROSKEY, M.D., AND VERLYN M. PETERSON, M.D.

**J Trauma 1989**

**Early TEN vs. Early TPN**

**Decreased Infections**

**Is TEN good or is TPN bad ?**



# Multiple Organ Failure in Polytrauma Patients

E. FAIST, M.D., A.E. BAUE, M.D., H. DITTMER, M.D., AND G. HEBERER, M.D.

J Trauma 1983

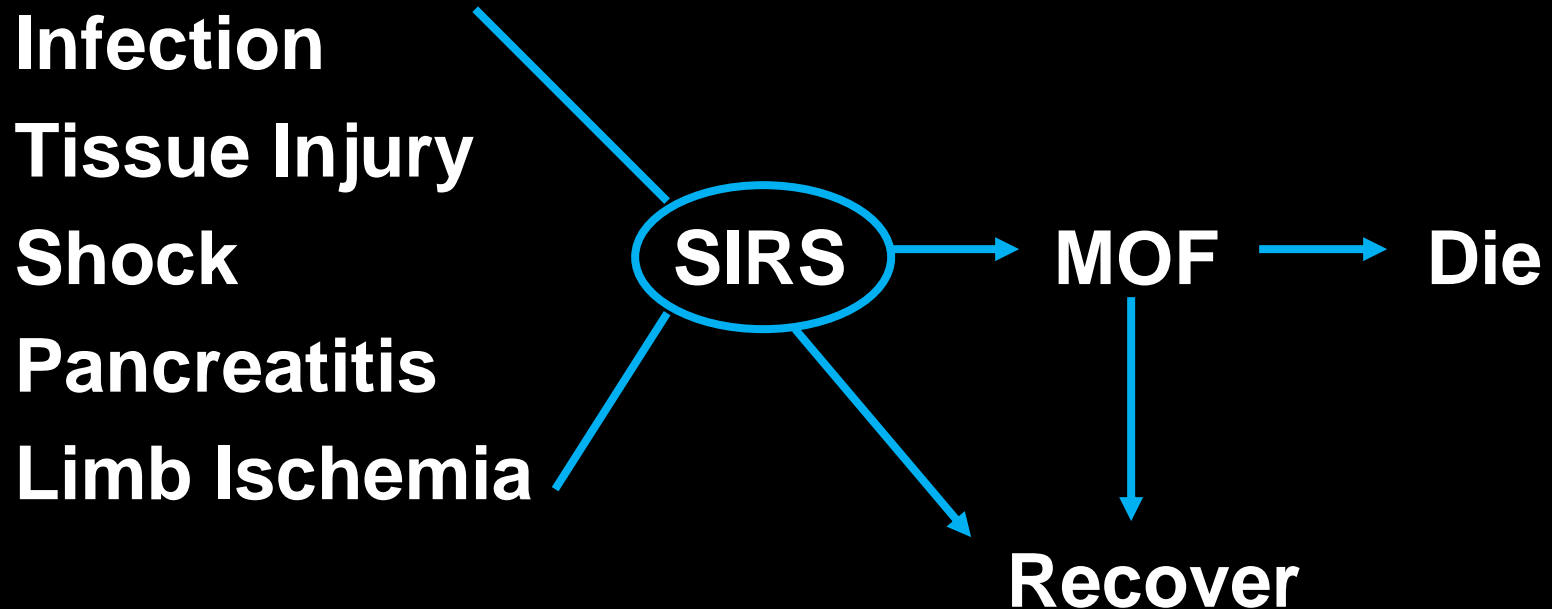
**Eugene Faist**



**MOF can occur without infection**

**Visiting Professor**

# SYSTEMIC INFLAMMATORY RESPONSE



**“SEPSIS SYNDROME”**

# Hemorrhagic Shock Induces Bacterial Translocation from the Gut

JOHN WILDER BAKER, M.D., EDWIN A. DEITCH, M.D., F.A.C.S., MA LI, M.D.,  
RODNEY D. BERG, PH.D., AND ROBERT D. SPECIAN, PH.D. **J Trauma 1988**

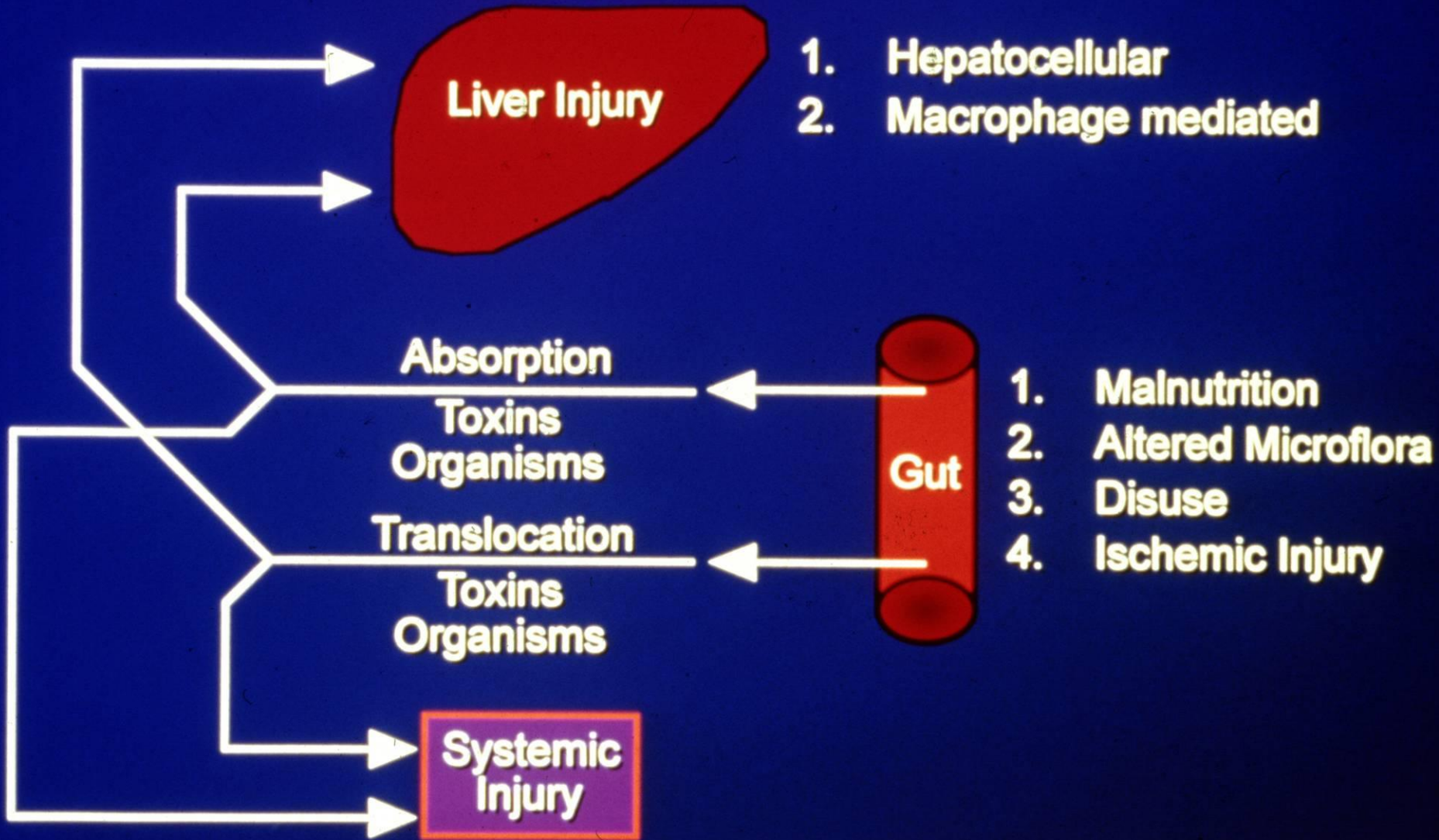
**Edwin A. Deitch**



**Bacterial Translocation causes SIRS**

**Visiting Professor**

# Gut Hypothesis

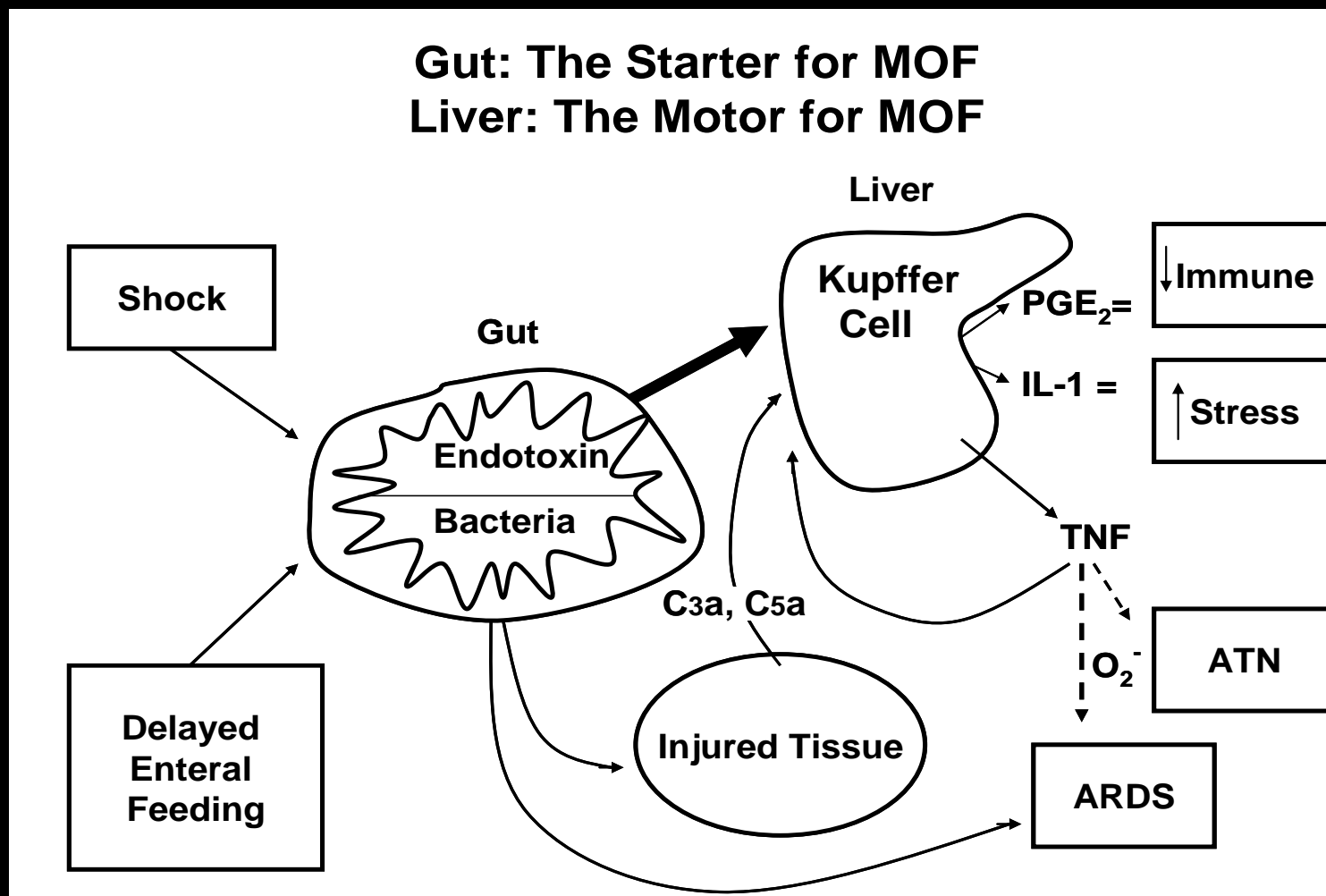


# TEN versus TPN following Major Abdominal Trauma— Reduced Septic Morbidity

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BRIAN L. McCROSKEY, M.D., AND VERLYN M. PETERSON, M.D.

**J Trauma 1989**

## Cartoon # 2

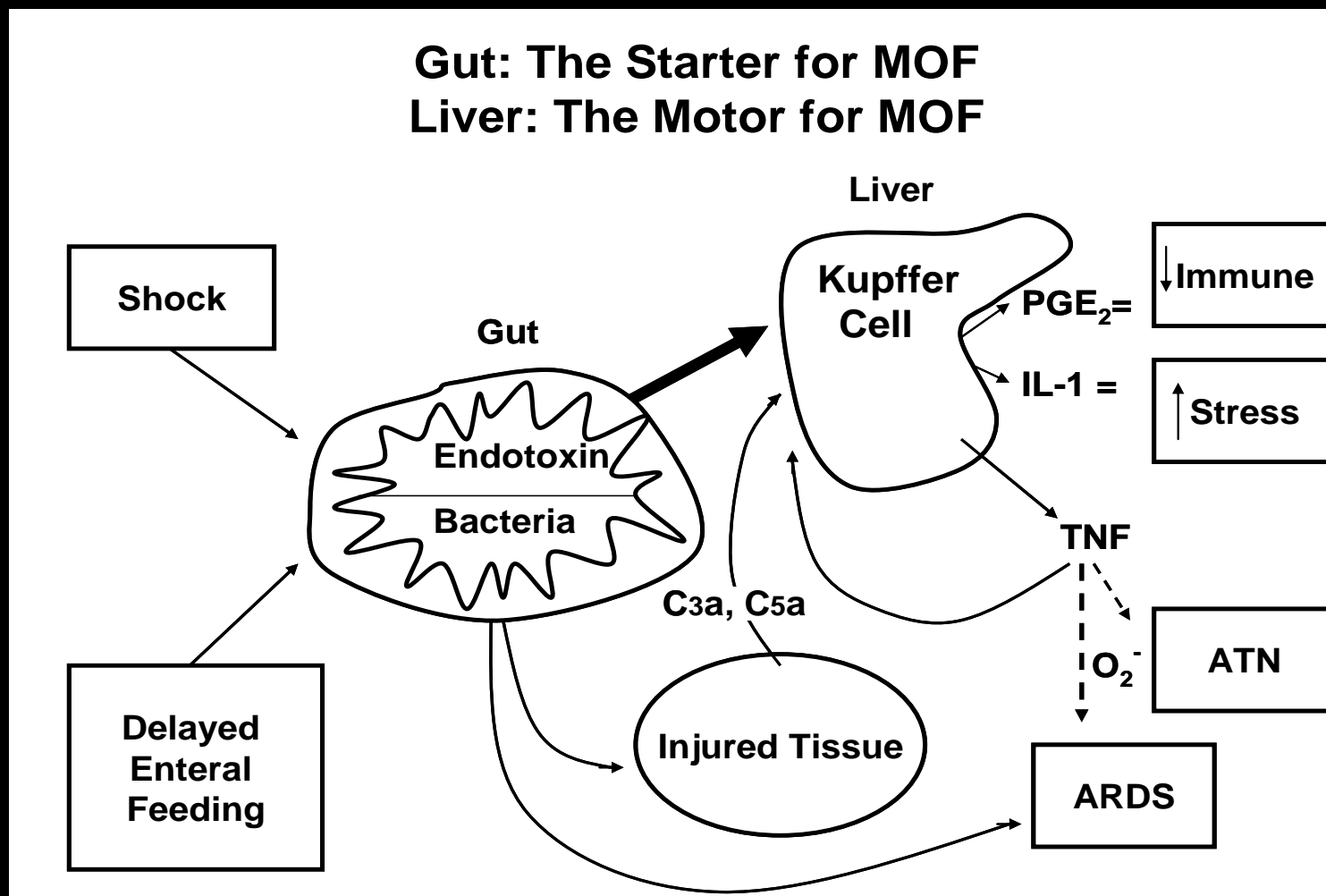


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BRIAN L. McCROSKEY, M.D., AND VERLYN M. PETERSON, M.D.

**J Trauma 1989**

## Testable hypothesis:

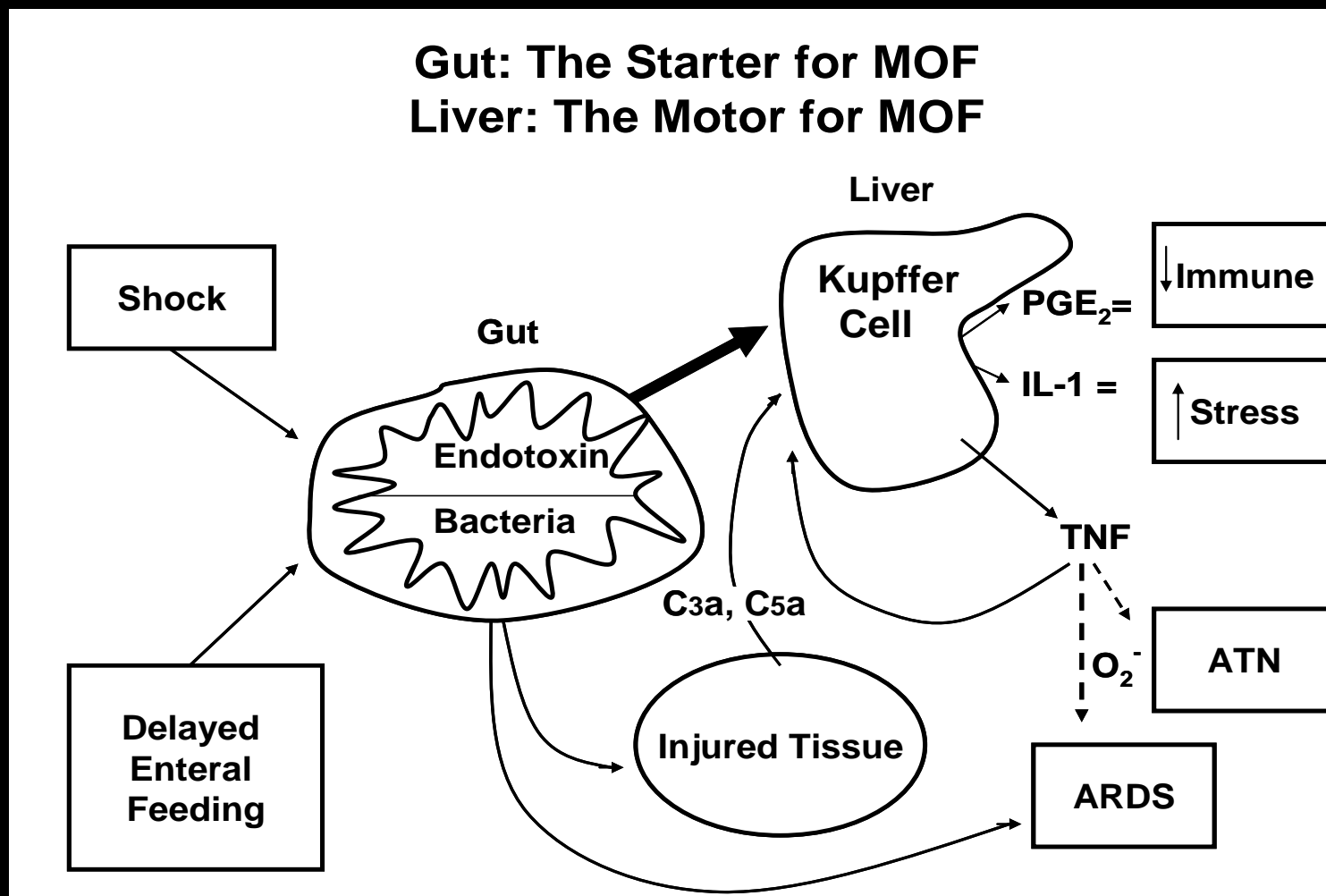


# TEN versus TPN following Major Abdominal Trauma— Reduced Septic Morbidity

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BRIAN L. McCROSKEY, M.D., AND VERLYN M. PETERSON, M.D.

**J Trauma 1989**

**Testable hypothesis: bacterial translocation via portal vein**

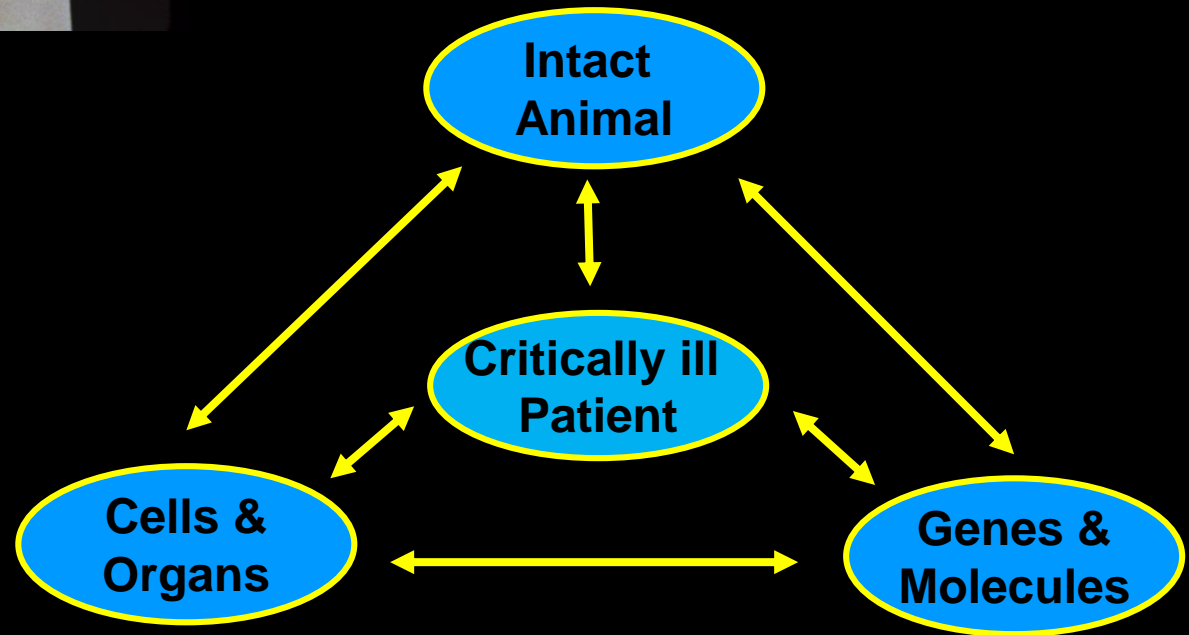


**Alden Harken**



**TRAUMA RESEARCH CENTER  
UNIVERSITY OF COLORADO**

**New Chairman**



**NIGMS P50 Team Science Grant**



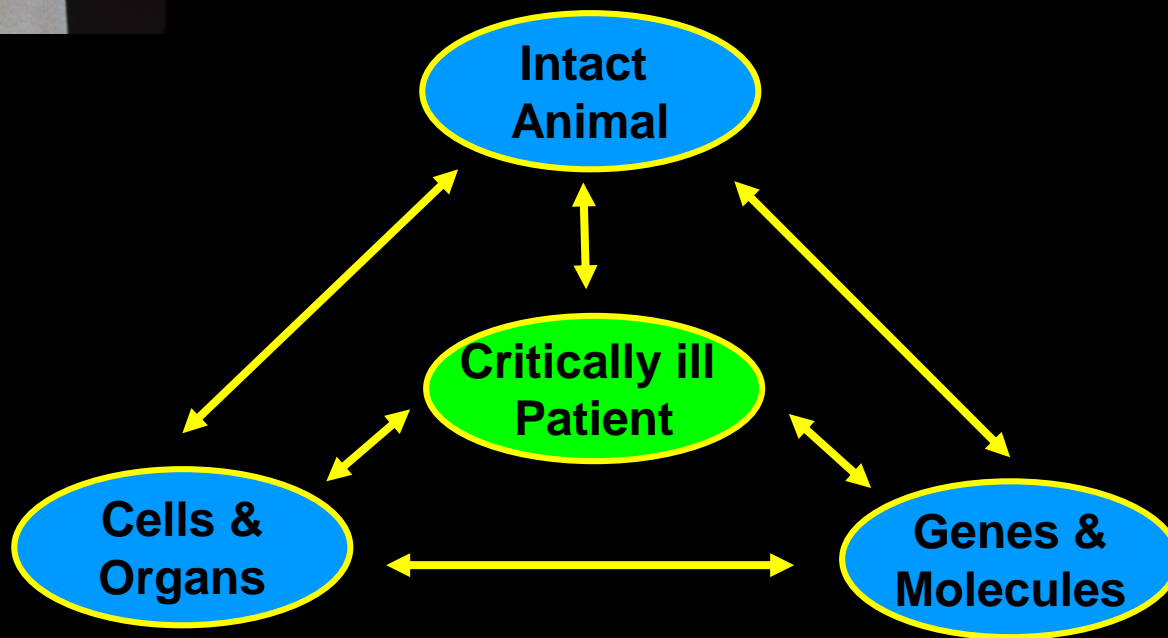
**Alden Harken**



**Study Your Patients!**

**TRAUMA RESEARCH CENTER  
DG SICU - CLINICAL CORE**

**“Focus”**



**Organize ICU to be Research Lab**

# Clinical Specialist Position

## Standard Operating Procedures (SOPs)

Sedation

Analgesia

ICP Management

Pulmonary Care

Ventilator Management and Weaning

ARDS Rescue Protocol

**Shock Resuscitation Protocol**

Enteral Feeding Protocol

Stress Ulcer Prophylaxis

DVT Prophylaxis

Bedside Procedure Team

Metabolic Cart Studies

Antibiotic Protocol

Electrolyte Replacement



**Jim Heanel**



# Gut Bacterial Translocation via the Portal Vein: A Clinical Perspective with Major Torso Trauma

FREDERICK A. MOORE, M.D., ERNEST E. MOORE, M.D., RENATO POGGETTI, M.D.,  
OLIVER J. McANENA, M.D., VERLYN M. PETERSON, M.D., CHARLES M. ABERNATHY, M.D.,

J Trauma 1991

## 20 Torso Trauma Resuscitation Patients

### Clinical Relevance

**Hypothesis:** bacterial translocation via portal vein is driving mechanism in MOF

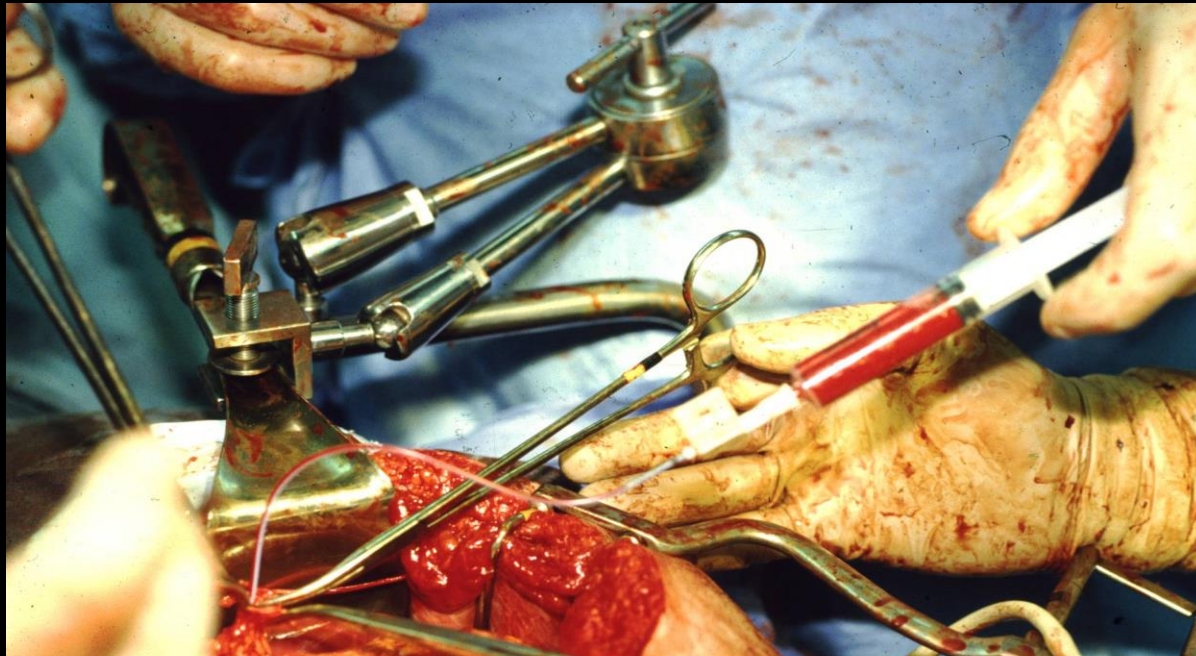
# Gut Bacterial Translocation via the Portal Vein: A Clinical Perspective with Major Torso Trauma

FREDERICK A. MOORE, M.D., ERNEST E. MOORE, M.D., RENATO POGGETTI, M.D.,  
OLIVER J. McANENA, M.D., VERLYN M. PETERSON, M.D., CHARLES M. ABERNATHY, M.D.,

J Trauma 1991

20 Torso Trauma Resuscitation Patients

**Portal Vein Catheters & Sampled Blood X 5 days**



**Hypothesis:** bacterial translocation via portal vein is driving mechanism in MOF

# Gut Bacterial Translocation via the Portal Vein: A Clinical Perspective with Major Torso Trauma

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OLIVER J. McANENA, M.D., VERLYN M. PETERSON, M.D., CHARLES M. ABERNATHY, M.D.,

**J Trauma 1991**

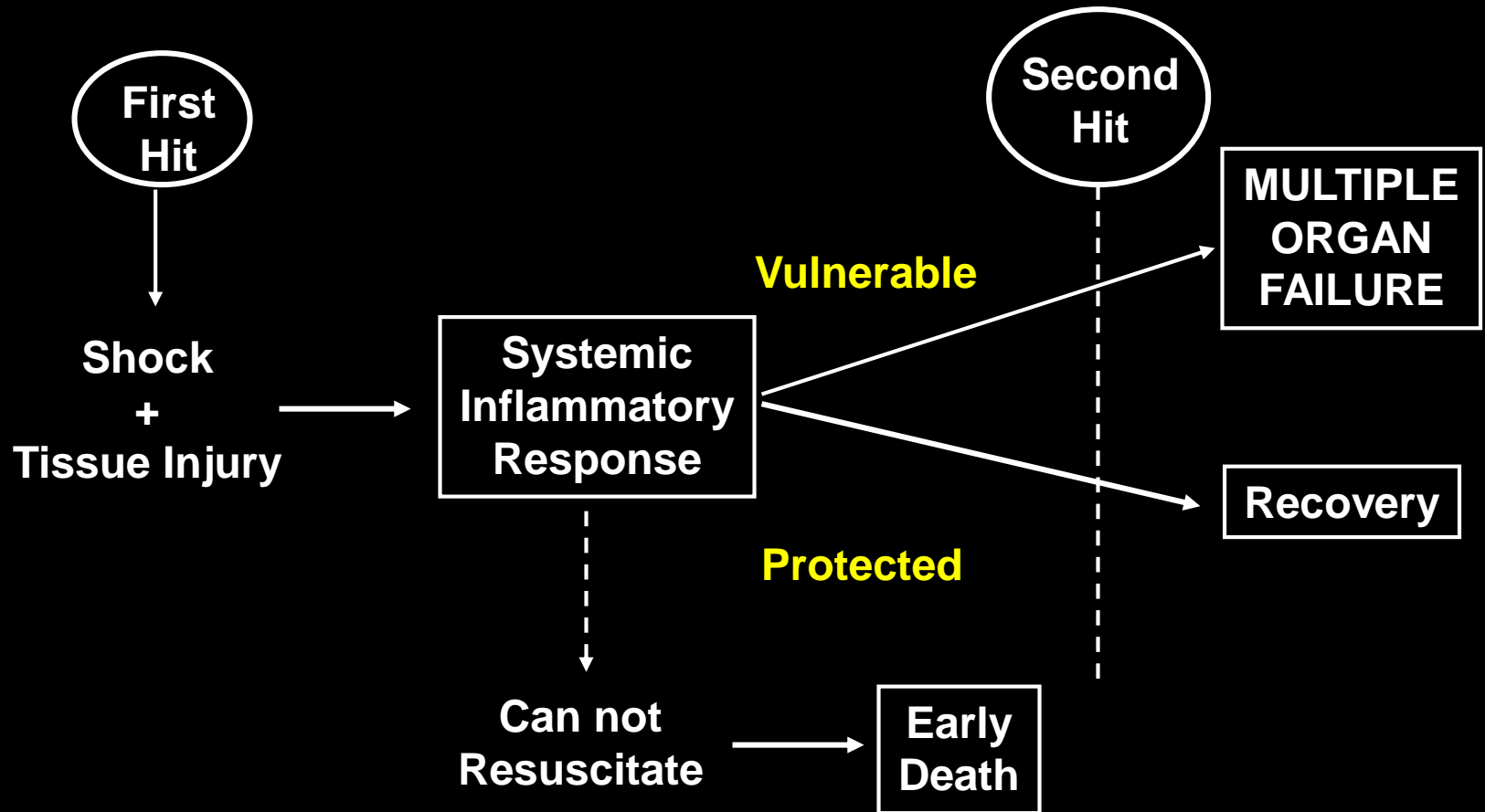
**20 Torso Trauma Resuscitation Patients  
Portal Vein Catheters & Sampled Blood X 5 days**

**Win-Win Hypothesis**

**Found no endotoxin or bacteria in portal vein**

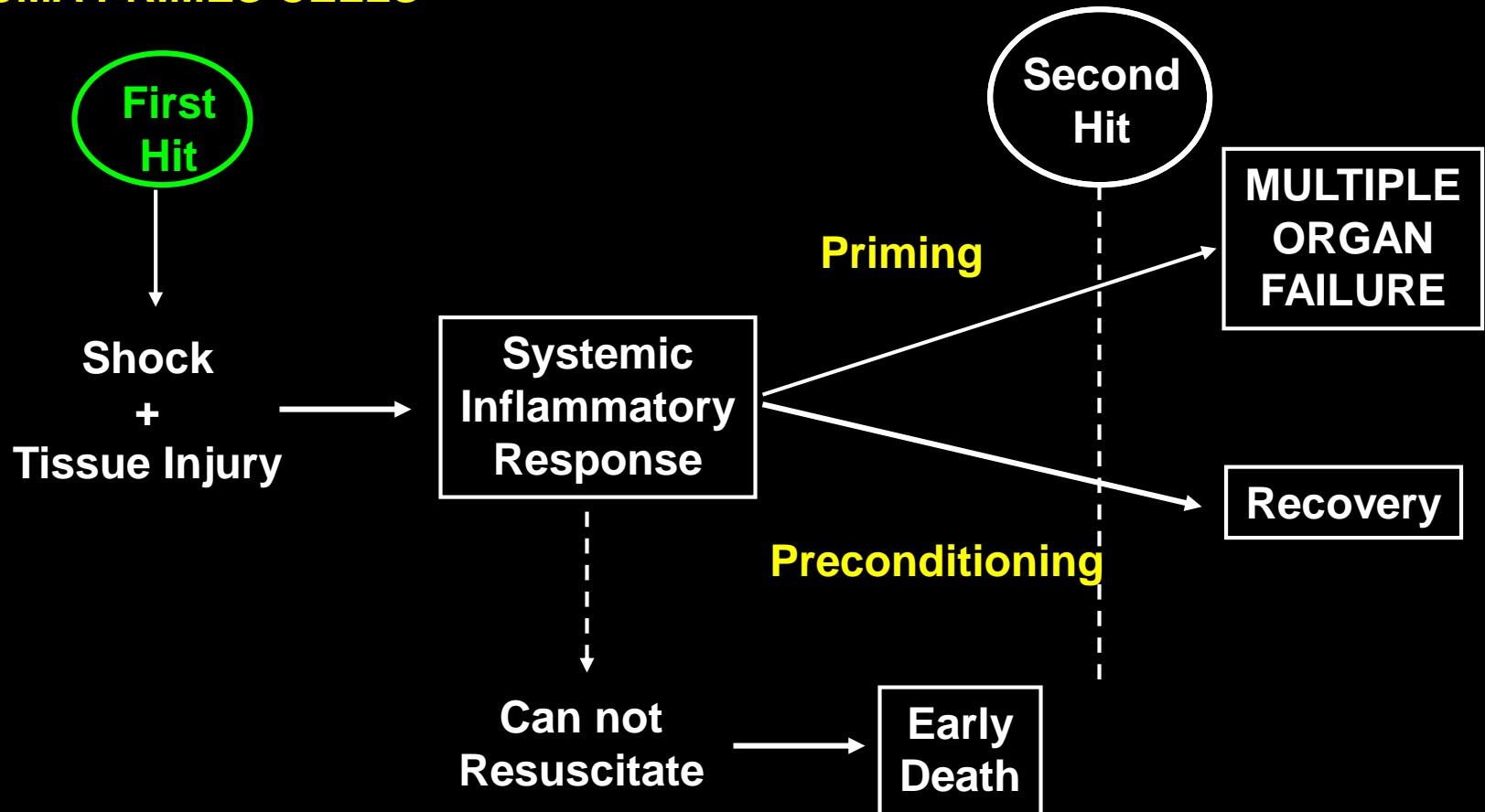


## Back to the Drawing Board



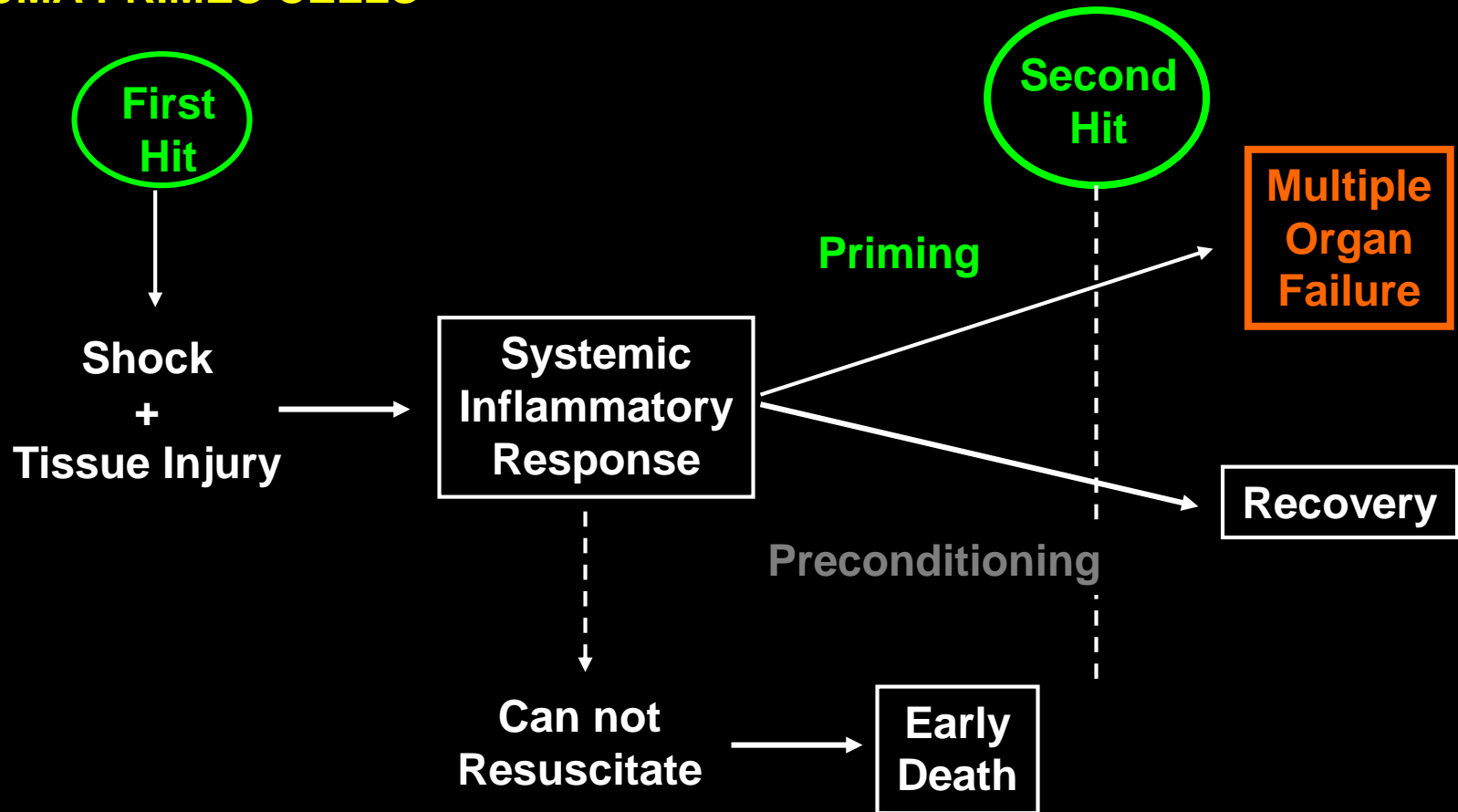
# Cartoon for P-50 Trauma Center Grant

## TRAUMA PRIMES CELLS



# The "Two-Hit" Model of Neutrophil Activation

## TRAUMA PRIMES CELLS





# POSTINJURY NEUTROPHIL PRIMING AND ACTIVATION STATES: THERAPEUTIC CHALLENGES

Botha AJ, Moore FA, Moore EE, Fontes B, Banerjee A, and Peterson VM:

*Shock* 1993

**Wrote a Review Article**

**Abrie Botha**



**UK General Surgeon**

**Pete Peterson**



**Pediatric Hematologist**

# Lung Injury Is a Reversible Neutrophil-Mediated Event Following Gut Ischemia

*Renato S. Poggetti, MD; Frederick A. Moore, MD; Ernest E. Moore, MD; Denis D. Bensard, MD; Benjamin O. Anderson, MD; Anirban Banerjee, PhD*

**Arch Surg 1992**

**Renato Poggetti**

**Created clinically relevant lab model**



**Gut Ischemia Reperfusion Induced**

**Reversible Acute Lung Injury**

**1<sup>st</sup> Research Fellow**

# THE POSTISCHEMIC GUT SERVES AS A PRIMING BED FOR CIRCULATING NEUTROPHILS THAT PROVOKE MULTIPLE ORGAN FAILURE

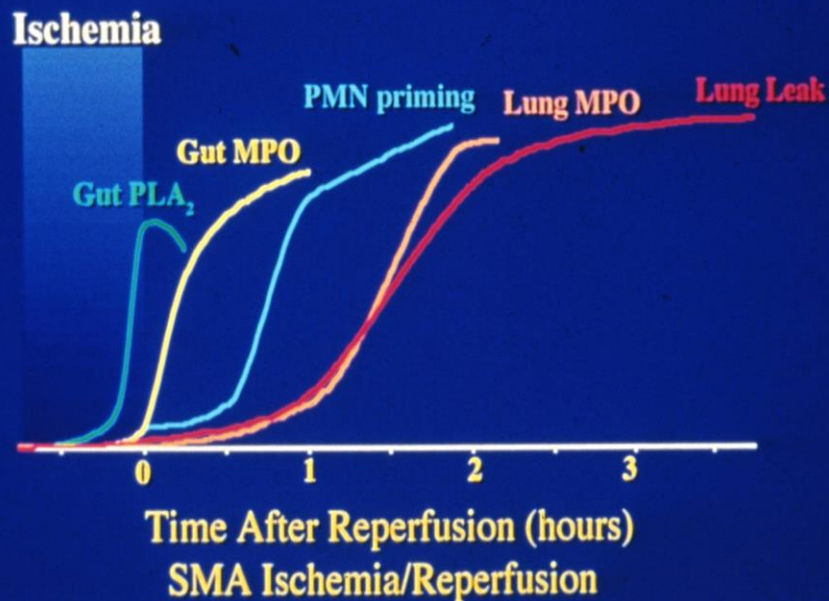
Ernest E. Moore, MD, Frederick A. Moore, MD, Reginald J. Franciose, MD, Fernando J. Kim, MD, Walter L. Biffl, MD, and Anirban Banerjee, PhD

J Trauma 1994

## 45 Min SMA Occlusion

- Activates Gut PLA<sub>2</sub>
- Sequesters PMN's in Gut
- Primes Circulating PMN's
- Sequesters PMN's in Lung
- Reversible Lung Injury

## Pathophysiologic Sequence



**Max Lung Leak at 12 hours** and back to control by 24 hours

# THE POSTISCHEMIC GUT SERVES AS A PRIMING BED FOR CIRCULATING NEUTROPHILS THAT PROVOKE MULTIPLE ORGAN FAILURE

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J Trauma 1994

45 Min SMA Occlusion

Activates Gut PLA<sub>2</sub>

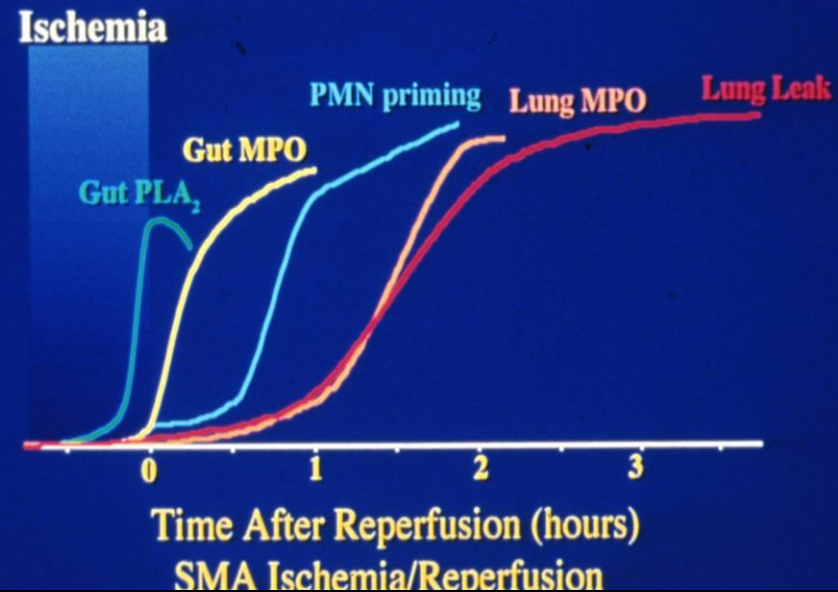
Sequesters PMN's in Gut

**Primes Circulating PMN's**

Sequesters PMN's in Lung

Reversible Lung Injury

## Pathophysiologic Sequence



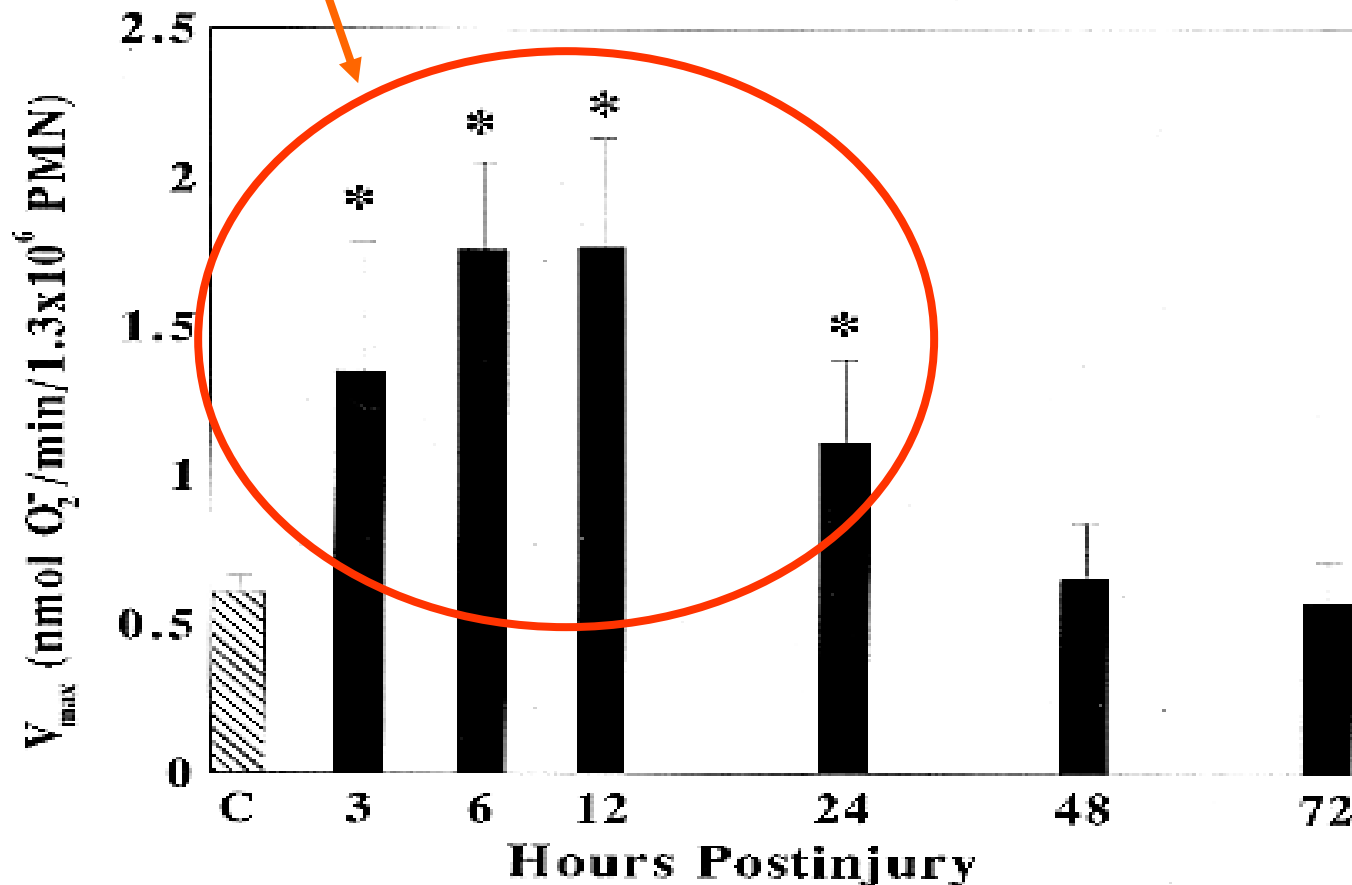
2<sup>nd</sup> hit of **LPS IP at 6 hours** → **MOF and death**

# Postinjury neutrophil priming and activation: An early vulnerable window (24 hours)

Abraham J. Botha, MD, Frederick A. Moore, MD, Ernest E. Moore, MD, Fernando J. Kim, MD, Anirban Banerjee, PhD, and Verlyn M. Peterson, MD, Denver, Colo.

Surgery 1995

## V max of Superoxide Production after fMLP Stimulation



# Postinjury neutrophil priming and activation: An early vulnerable window

Abraham J. Botha, MD, Frederick A. Moore, MD, Ernest E. Moore, MD, Fernando J. Kim, MD, Anirban Banerjee, PhD, *and* Verlyn M. Peterson, MD, *Denver, Colo.*

**Surgery 1995**

## **Focused observational studies done DG SICU patients**

### **Early Neutrophil Sequestration after Injury: A Pathogenic Mechanism for Multiple Organ Failure**

*Abraham J. Botha, MD, Frederick A. Moore, MD, Ernest E. Moore, MD, Angela Sauaia, MD, Anirban Banerjee, PhD, and Verlyn M. Peterson, MD*

**J Trauma 1995**

**After 72 hours circulating PMN's are non-responsive**

# Multiple Organ Failure Can Be Predicted as Early as 12 Hours after Injury

Angela Sauaia, MD, **PhD**, Frederick A. Moore, MD, Ernest E. Moore, MD, Jill M. Norris, PhD, Dennis C. Lezotte, PhD, and Richard F. Hamman, MD, DrPH

J Trauma 1998

## Angela Sauaia



## Denver MOF Database

Denver MOF Score

Defined Clinical Dataset to Study MOF

Linked to Research Data

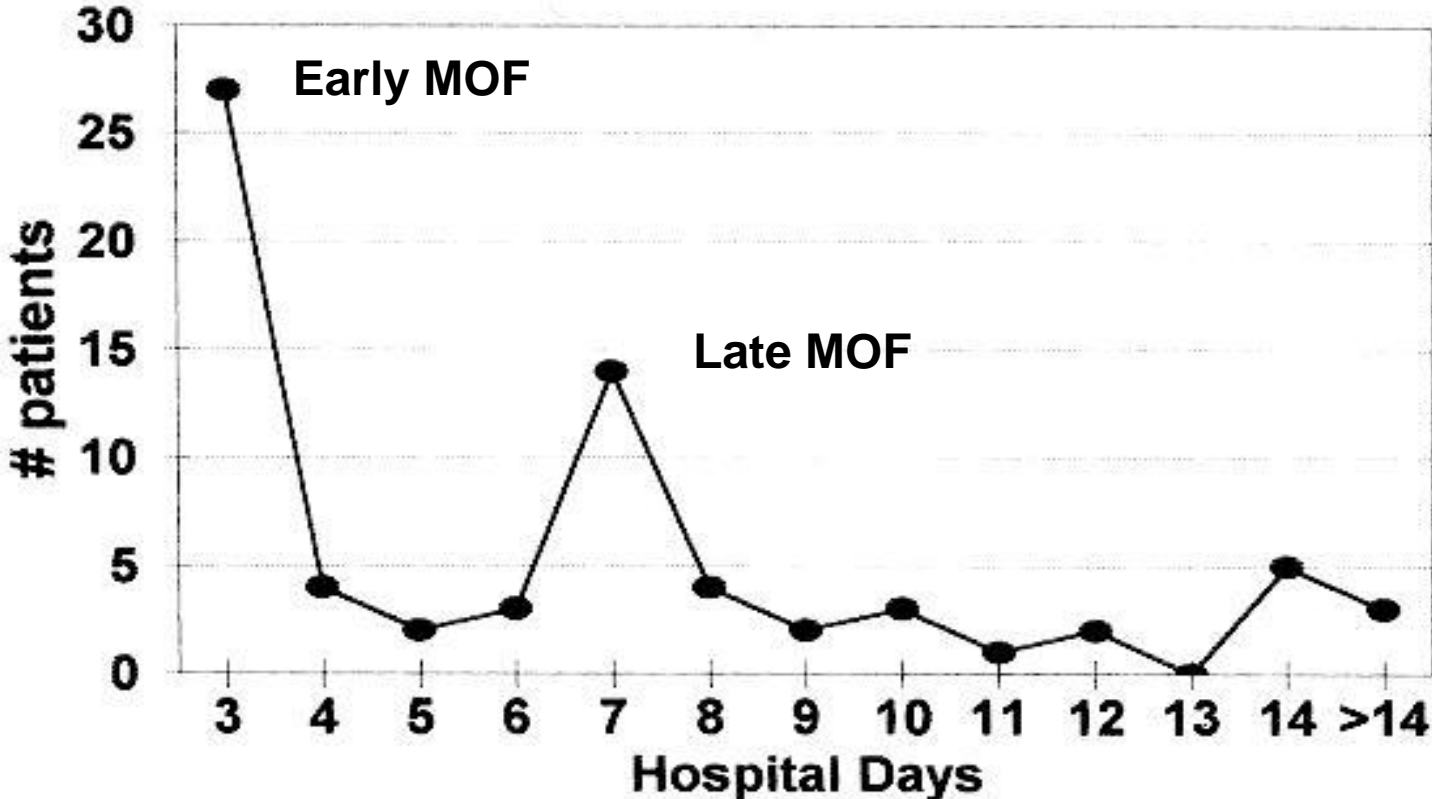
# Postinjury Multiple Organ Failure: A Bimodal Phenomenon

Frederick A. Moore, MD, Angela Sauaia, MD, Ernest E. Moore, MD, James B. Heanel, RRT, Jon M. Burch, MD and Dennis C. Lezotte, PhD

J Trauma 1996

## Denver MOF Database

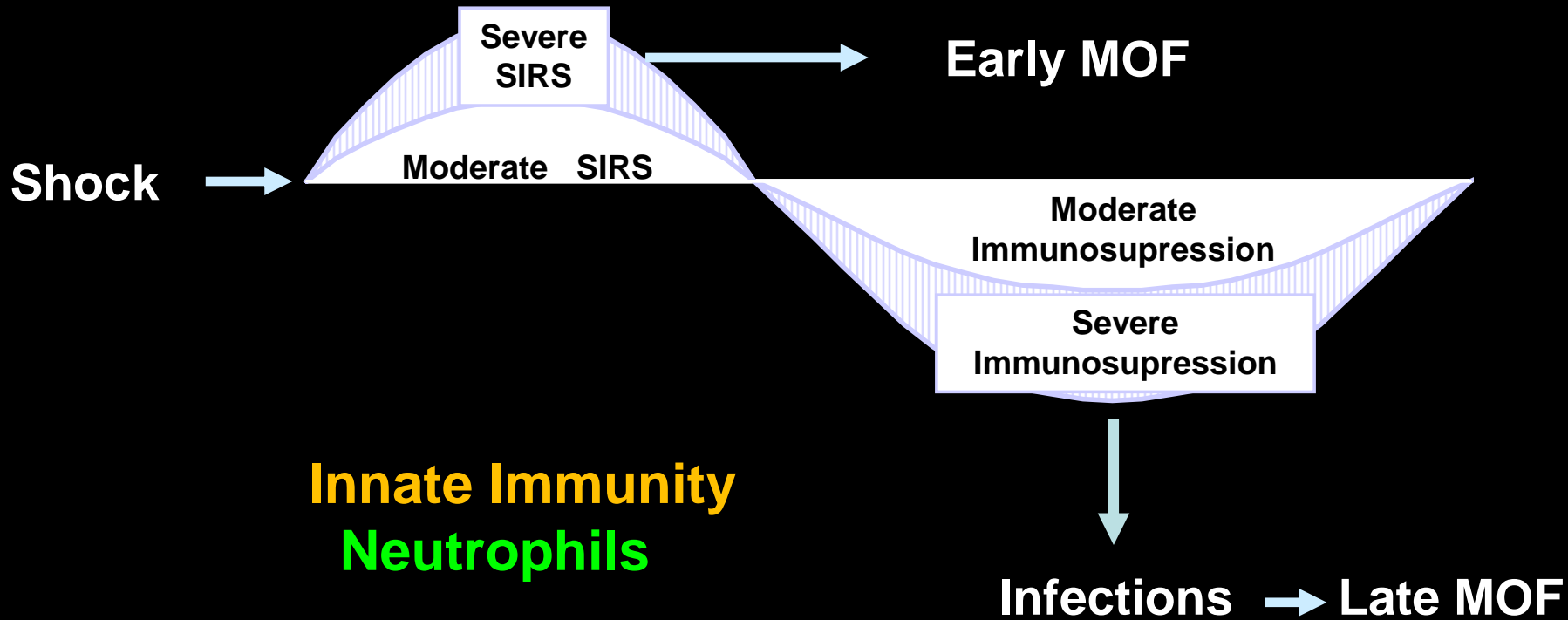
Temporal distribution of the onset of MOF







## Dysfunctional Inflammatory Response



# Immunologic Dissonance: A Continuing Evolution in Our Understanding of the Systemic Inflammatory Response Syndrome (SIRS) and the Multiple Organ Dysfunction Syndrome (MODS)

Roger C. Bone, MD

Ann Intern Med 1996

**Roger Bone**



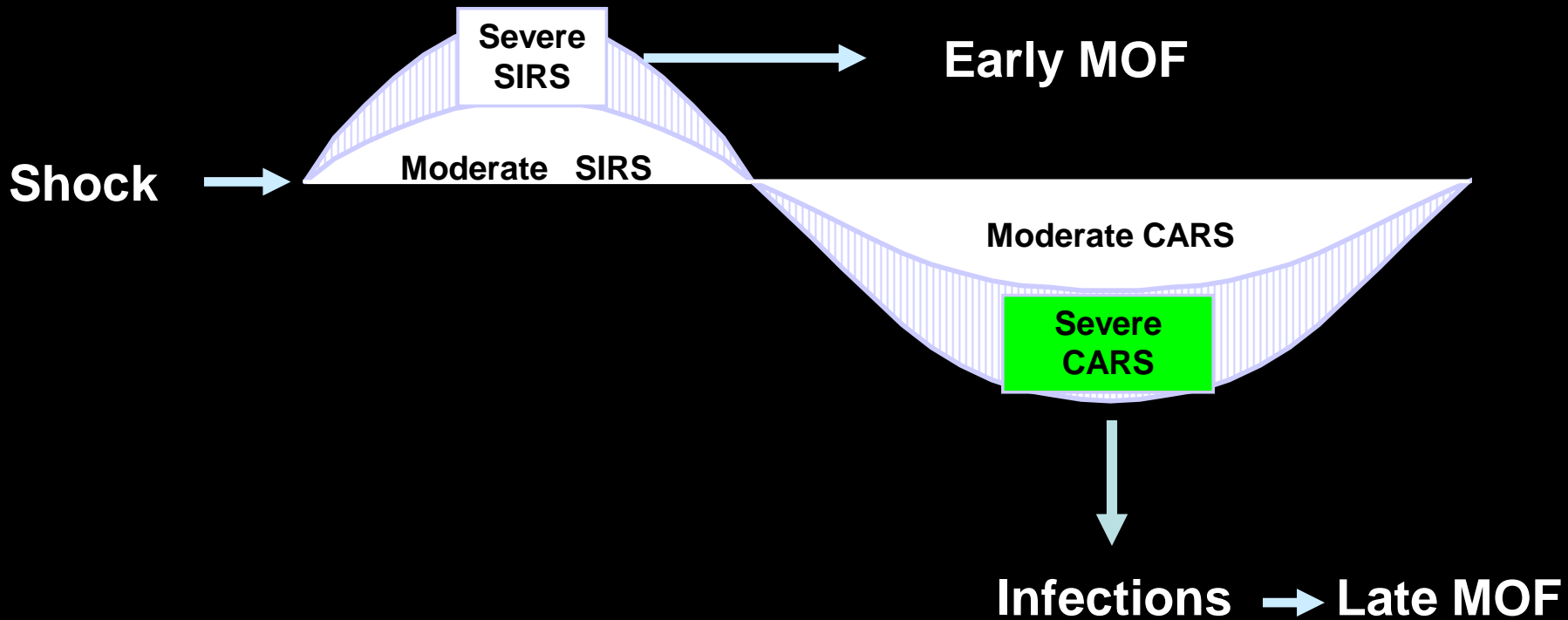
**Adaptive Immune Response**  
**Lymphocytes**

**CARS**

**Compensatory Anti-inflammatory Response Syndrome**

# New Paradigm

## Immunologic Trajectory of a Complicated ICU Course



# Adaptive Immunity Changes that Characterize CARS

## Increased Tregs

Monneret, G, Debard, AL, Venet, F, et al., *Marked elevation of human circulating CD4+CD25+ regulatory T cells in sepsis-induced immunoparalysis*. *Crit Care Med*, 2003. 31(7): p. 2068-71.

## T cell anergy

Bone, RC. Sir Isaac Newton, sepsis, SIRS, and Cars. *Crit Care Med*, 1996 24(7): p.1125-8.

## Shift from TH1 to TH2 phenotype

Delano, MJ, Scumpia, PO, Weinstein, JS, et al., *MyD88-dependent expansion of an immature GR-1(+)CD11b(+) population induces T cell suppression and Th2 polarization in sepsis*. *J Exp Med*, 2007. 204(6): p. 1463-74.

## Macrophage Paralysis

- **decreased cytokine production**
- **decreased bacterial clearance**
- **decreased antigen presentation**

Munoz, C, Carlet, J, Fitting, C, et al., *Dysregulation of in vitro cytokine production by monocytes during sepsis*. *J Clin Invest*, 1991. 88(5): p. 1747-54

Ayala, A and Chaudry, IH, *Immune dysfunction in murine polymicrobial sepsis: mediators, macrophages, lymphocytes and apoptosis*. *Shock*, 1996. 6 Suppl 1: p. S27-38

## Lymphocyte Apoptosis

Hotchkiss, R. S., Swanson, P. E., Cobb, J. P. et al. Apoptosis in lymphoid and parenchymal cells during sepsis: findings in normal and T- and B-cell-deficient mice. *Crit Care Med*, 1997 25(8): p. 1298-1307.

## Suppressed T cell proliferation

De Waal Malefyt R, Haanen J, Spits H, et al: Interleukin 10 (IL-10) and viral IL-10 strongly reduce antigen-specific human T cell proliferation by diminishing the antigen-presenting capacity of monocytes via downregulation of class II major histocompatibility complex expression. *J Exp Med* 1991; 174:915-924

# University of Colorado Trauma Research Center



**Alden  
Harken**



**Where I learned “ Team Science ”**

**Rich Andrassy**



**New Chairman  
1995**



**Hermann Hospital**

**UT - Houston**



**Recruited Me**

**Medical Director Trauma & Chief of General Surgery**

# NIGMS Sponsored P-50 Trauma Center Grant

## Sepsis Induced Ileus

**Frank Moody**



Decreased ileal muscle contractility and increased **iNOS** expression induced by lipopolysaccharide

NORMAN W. WEISBRODT, THOMAS A. PRESSLEY, YONG-FANG LI,  
MALGORZATA J. ZEMBOWICZ, SANDRA C. HIGHAM, ARTUR ZEMBOWICZ,  
ROBERT F. LODATO. AND FRANK G. MOODY

**Am J Physiology 1996**

**Program Director**



**Scott Somers\***

**It's not an Entitlement Program**

**P50 Programs Need to Evolve**

**\* New NIGMS P50 Program Officer**

# Inducible Nitric Oxide Synthase Mediates Gut Ischemia/Reperfusion-Induced Ileus Only after Severe Insults<sup>1</sup>

Heitham T. Hassoun, M.D.,\* Norman W. Weisbrodt, Ph.D.,† David W. Mercer, M.D.,\*  
Rosemary A. Kozar, M.D., Ph.D.,\* Frank G. Moody, M.D.,\* and Frederick A. Moore, M.D.\*<sup>2</sup>

## Molecular regulation of gut I/R induced ileus

### Heitham Hassoun



“Diamond in the Rough”

1<sup>st</sup> UT-Houston  
Research Fellow



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## Molecular regulation of gut I/R induced ileus

### Heitham Hassoun



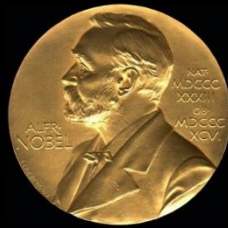
1<sup>st</sup> UT-Houston  
Research Fellow

Denver SMAO rodent model

Dr Moody's intestinal transit model

iNOS induced gut inflammation

Novel iNOS blockers



Nitric Oxide

Ferid Murad lab



Create Relevant Lab Model

# POST-INJURY MULTIPLE ORGAN FAILURE: THE ROLE OF THE GUT

Heitham T. Hassoun,<sup>\*</sup> Bruce C. Kone,<sup>†</sup> David W. Mercer,<sup>\*</sup> Frank G. Moody,<sup>\*</sup>  
Norman W. Weisbrodt,<sup>‡</sup> and Frederick A. Moore<sup>\*</sup>

*<sup>\*</sup>Department of Surgery, <sup>†</sup>Division of Nephrology, Department of Medicine, <sup>‡</sup>Department of Integrative Biology, Pharmacology, and Physiology, University of Texas-Houston Medical School, Houston, Texas 77030*

**Wrote a Review Articles**

**Our “ Story of Life ”**

**Research Focus: Role of the gut in MOF**

# POST-INJURY MULTIPLE ORGAN FAILURE: THE ROLE OF THE GUT

Heitham T. Hassoun,<sup>\*</sup> Bruce C. Kone,<sup>†</sup> David W. Mercer,<sup>\*</sup> Frank G. Moody,<sup>\*</sup>  
Norman W. Weisbrodt,<sup>‡</sup> and Frederick A. Moore<sup>\*</sup>

*<sup>\*</sup>Department of Surgery, <sup>†</sup>Division of Nephrology, Department of Medicine, <sup>‡</sup>Department of Integrative Biology, Pharmacology, and Physiology, University of Texas-Houston Medical School, Houston, Texas 77030*



**Bruce Kone**  
Chair of Medicine



**David Mercer**  
Chief LBJ



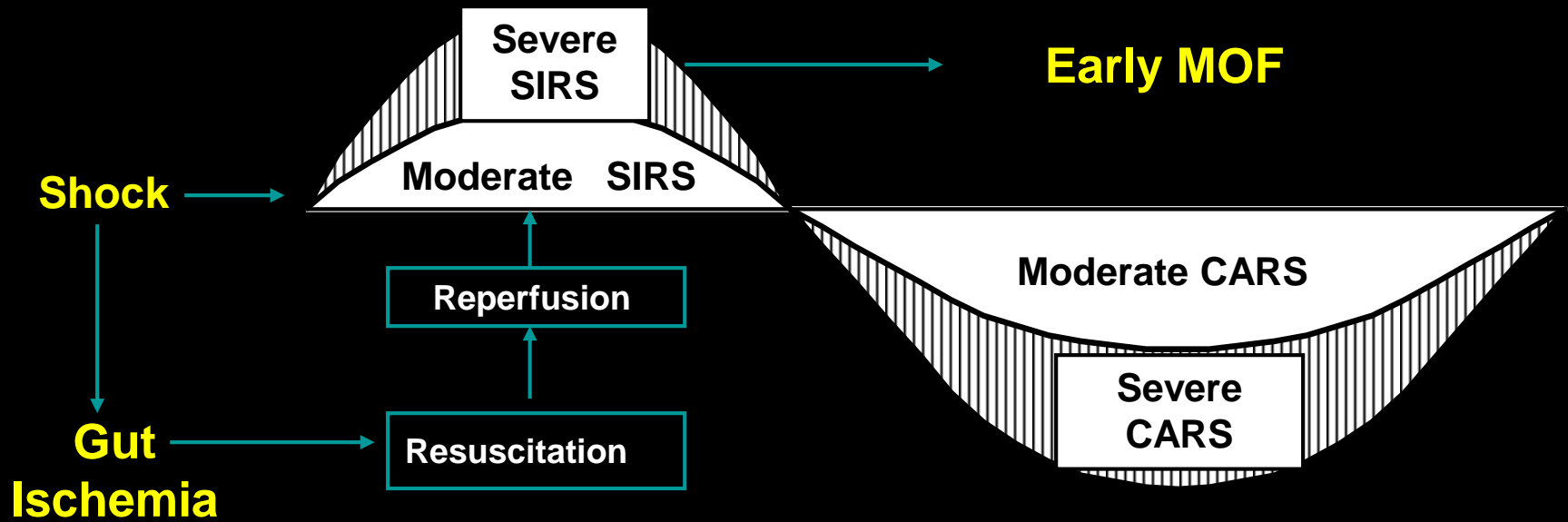
**Frank Moody**  
PD of P 50 grant



**Norm Weisbrodt**  
Chair of Physiology

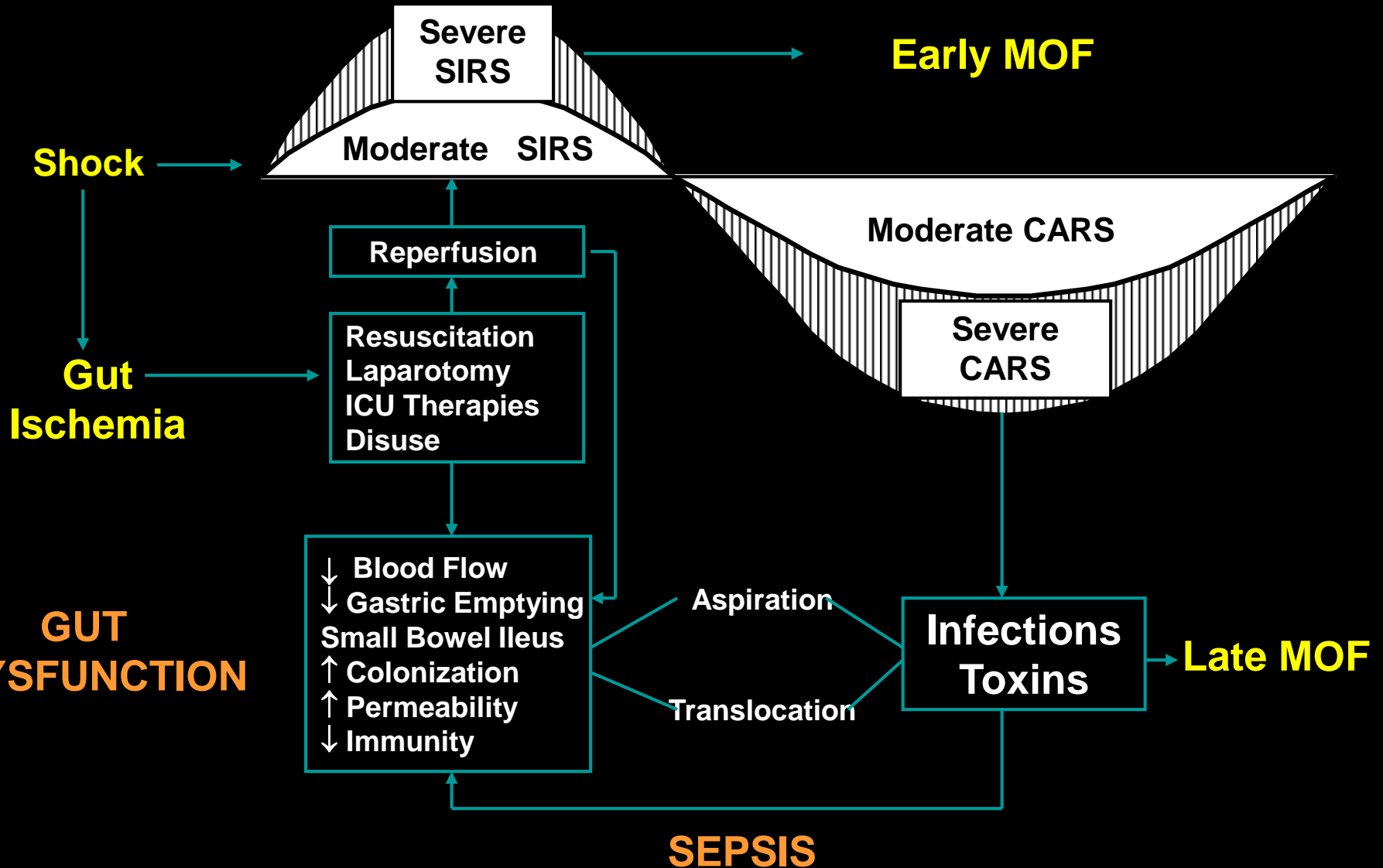
**Aligned These Institutional “Super Stars”**

# GUT IS THE INSTIGATOR & VICTIM OF THIS RESPONSE



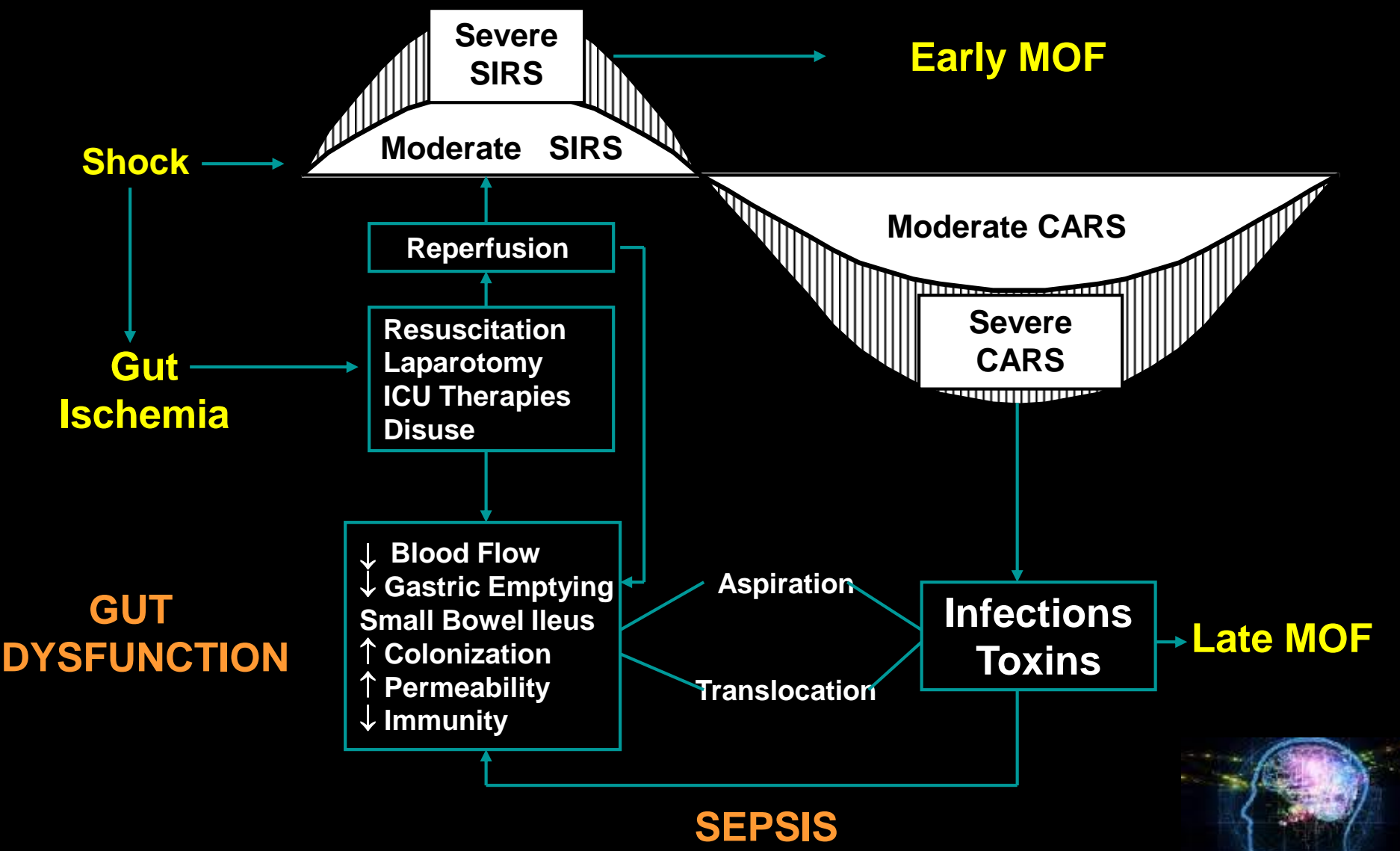
Lipid Mediators in Mesenteric Lymph

# GUT IS THE INSTIGATOR & VICTIM OF THIS RESPONSE

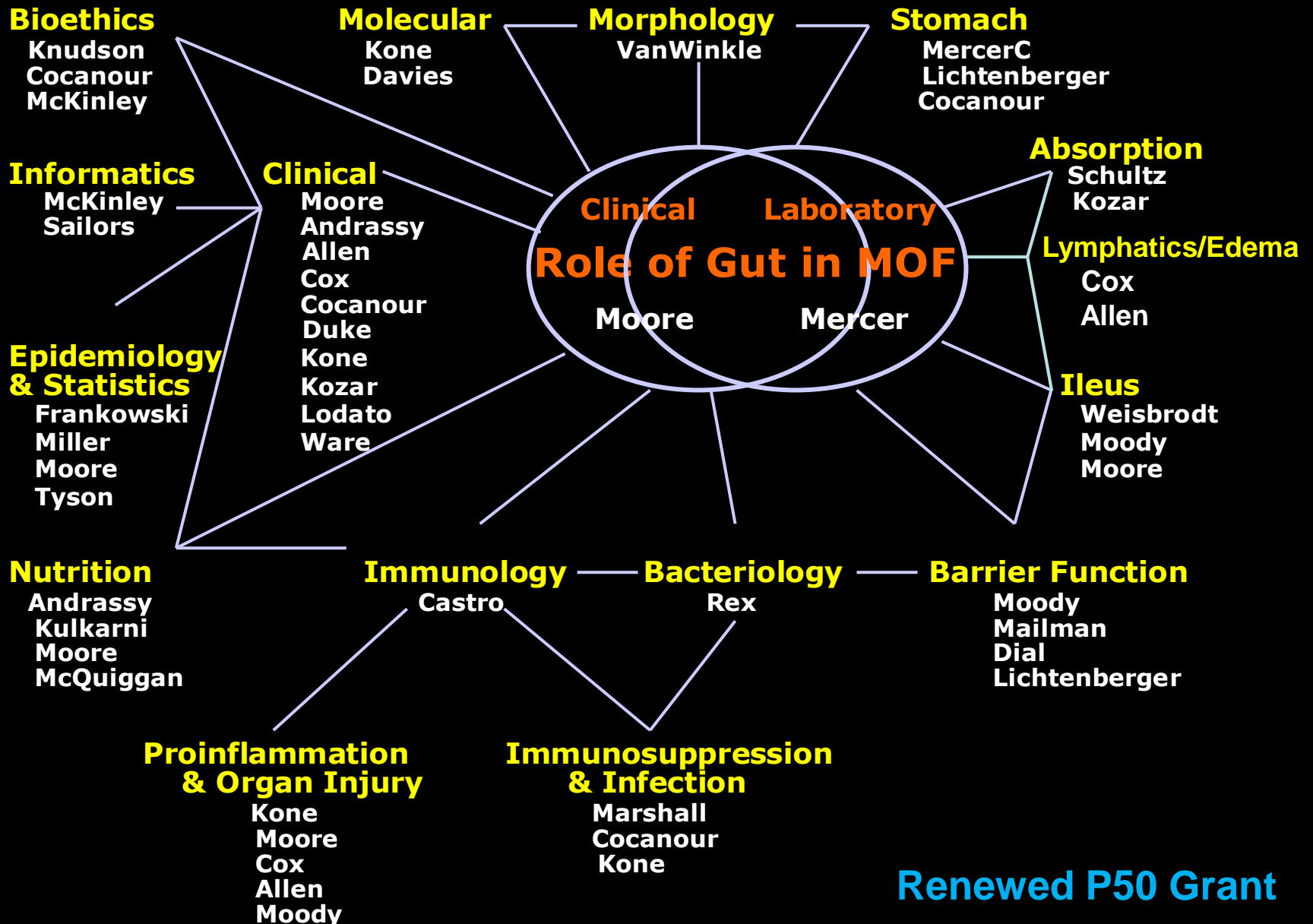


# Cartoon # 5

## GUT IS THE INSTIGATOR & VICTIM OF THIS RESPONSE



# TRAUMA RESEARCH CENTER



Renewed P50 Grant



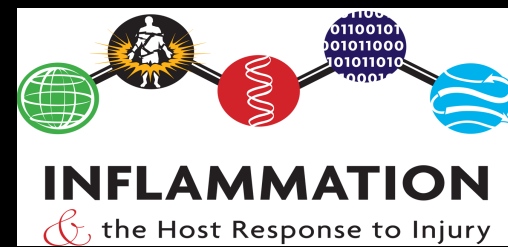
**Where I learned develop & implement a team science program**





Ron Tompkins

# Glue Grant



## Inflammation and the Host Response to Injury

**NIGMS** U54 Grant \$ 100 million

8 US Trauma Centers (5 had P50 grants)

### Purposes

- 1) Develop and validate genomic assays in blood
- 2) Document the genomic response after severe trauma
- 3) Test the **SIRS/CARS** hypothesis

# Inflammation and the Host Response to Injury

## Patient-Oriented Research Core

### Standard Operating Procedures for Clinical Care



*Ronald V. Maier, MD, Paul Bankey, MD, PhD, Bruce McKinley, PhD, Brad Freeman, MD, Brian G. Harbrecht, MD, Jeffrey L. Johnson, MD, Joseph P. Minei, MD, Ernest E. Moore, MD, Fredrick Moore, MD, Avery B. Nathens, MD, PhD, MPH, Michael Shapiro, MD, Ronald G. Tompkins, ScD, MD, Michael West, MD, PhD, and the Inflammation and the Host Response to Injury Investigators* **J Trauma 2005**

## Developed Standard Operating Procedures for ICU Care

Shock resuscitation

Mechanical ventilation and weaning

Venous thromboembolism prophylaxis

Stress Gastritis Prophylaxis

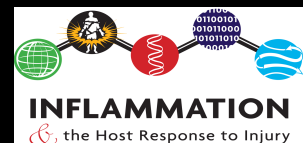
Prevention, diagnosis and treatment of VAP

Strict glycemic control

Nutritional support

Transfusion

Sedation and analgesia



# Benchmarking Outcomes in Critically Injured Trauma Patients

Joseph Cuschieri, MD; Jeffery L. Johnson, MD; Jason Sperry, MD; Michael A. West, M, PhD; Ernest E. Moore, MD; Joseph P. Minei, MD; et.al and the Inflammation and Host Response to Injury Large Scale Collaborative Research Program.

Ann Surg 2012

~30% Incidence MOF, but **Late MOF Deaths Disappeared**

## The Changing Pattern and Implications of Multiple Organ Failure after Blunt Injury With Hemorrhagic Shock

Joseph P. Minei, MD; Joseph Cuschieri, MD; Jason Sperry, MD; Ernest E. Moore, MD; Michael A. West, MD, PhD; Brian G. Harbrecht, MD; Grant E. O'Keefe, MD; Mitchell J. Cohen, MD; Lyle L. Moldawer, PhD; Ronald Tompkins, MD, ScD; Ronald V. Maier, MD; the Inflammation and the Host Response to Injury Collaborative Research Program

Crit Care Med 2012

# The Methodist Hospital (TMH), Houston TX

## Sepsis in major killer in surgical ICU



**Chief of Acute Care Surgery 2006 - 2011**

# Surviving Sepsis Campaign guidelines for management of severe sepsis and septic shock

R. Phillip Dellinger, MD; Jean M. Carlet, MD; Henry Masur, MD; Herwig Gerlach, MD, PhD; Thierry Calandra, MD; Jonathan Cohen, MD; Juan Gea-Banacloche, MD, PhD; Didier Keh, MD; John C. Marshall, MD; Margaret M. Parker, MD; Graham Ramsay, MD; Janice L. Zimmerman, MD; Jean-Louis Vincent, MD, PhD; Mitchell M. Levy, MD; for the Surviving Sepsis Campaign Management Guidelines Committee

Crit Care Med 2004

**Wonderful Contribution ! - Implementation is Challenging**



**Early Diagnosis of Sepsis is Difficult**

**Difficult to Remember & Prioritize the Recommendations**

# Validation of a Screening Tool for the Early Identification of Sepsis

*Laura J. Moore, MD, Stephen L. Jones, MD, Laura A. Kreiner, MD, Bruce McKinley, PhD, Joseph F. Sucher, MD, S. Rob Todd, MD, Krista L. Turner, MD, Alicia Valdivia, RN, and Frederick A. Moore, MD*

**J Trauma 2009**

**Developed Sepsis Screening Tool and**

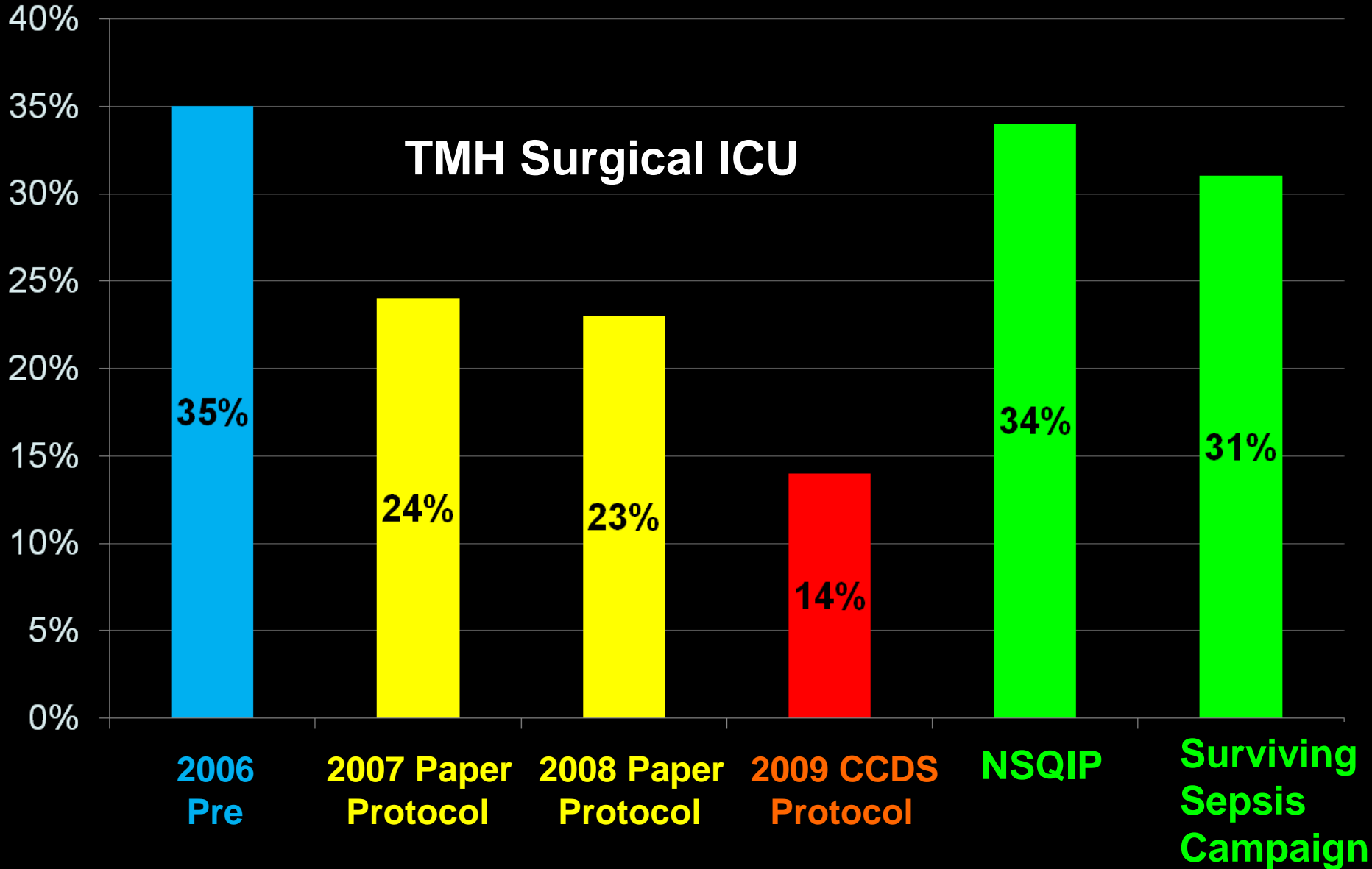
**Computerized Clinical Decision Support (CDDS) Protocol**

**Computer Protocol Facilitates Evidence Based Care of Sepsis in  
the Surgical Intensive Care Unit**

*Bruce A. McKinley, PhD, Laura J. Moore, MD, Joseph F. Sucher, MD, Rob Todd, MD  
Krista L. Turner, MD, Alicia Valdivia, RN, Matthew Sailors, BE and Frederick A. Moore MD*

**J Trauma 2011**

# % MORTALITY Severe Sepsis/Septic Shock



# The Epidemiology of Sepsis in General Surgery Patients

*Laura J. Moore, MD, Bruce A. McKinley, PhD, Krista L. Turner, MD, Rob Todd, MD  
Joseph F. Sucher, MD, Alicia Valdivia, RN, Matthew Sailors, BE, Lillian S. Kao, MD  
and Frederick A. Moore MD*

J Trauma 2011

**Only 25 %** of sepsis survivors were discharged to **home**



**Chief of Acute Care Surgery**

**July 2011**



**Lyle  
Moldawer PhD**

**UF Basic Scientist X 25 yrs**

**Stress Metabolism**

**Cytokine Storm**

**Characterize CARS**

**Glue Grant**



**Build a Translational Research Program**

**Obtain a NIGMS P50 "Team Science" Grant**

# **Reorganized Surgical and Trauma ICUs**

## **Intensivist Led Multidisciplinary ICU teams**

### **Evidence Based Protocols**

**Sedation, analgesia & delirium**

**TBI management**

**Mechanical ventilation and ARDS alternatives**

**Sedation holidays and daily SBTs**

**Prevention, diagnosis and treatment of VAP**

**Shock resuscitation**

**Stress Gastritis Prophylaxis**

**Nutritional support**

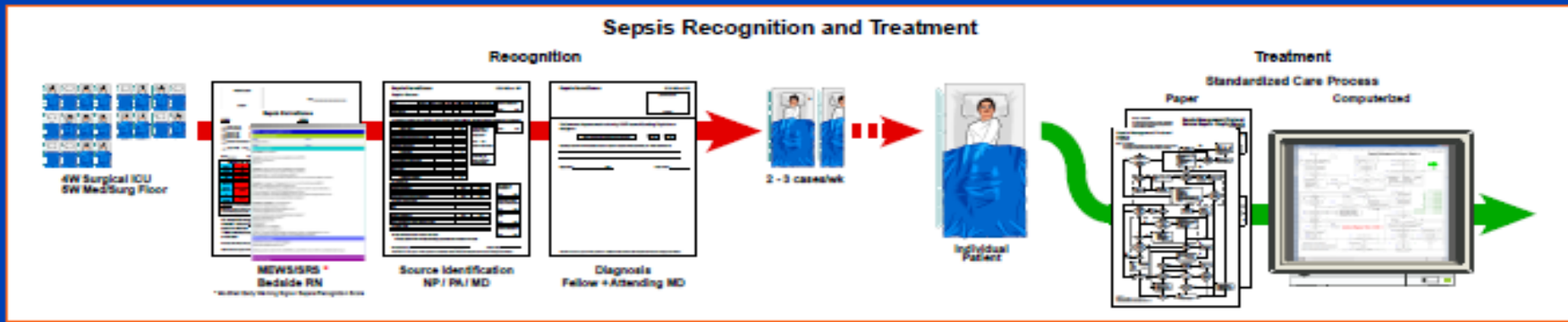
**Glycemic control**

**Electrolyte replacement**

**Restrictive transfusion**

**DVT prophylaxis**

**Sepsis Screening and Early Management**



## Computer versus paper system for recognition and management of sepsis in surgical intensive care

Chasen A. Croft, MD, Frederick A. Moore, MD, Philip A. Efron, MD, Peggy S. Marker, MSN, Andrea Gabrielli, MD, Lynn S. Westhoff, BSN, Lawrence Lottenberg, MD, Janeen Jordan, MD, Victoria Klink, BSN, R. Matthew Sailors, BE, and Bruce A. McKinley, PhD, Gainesville, Florida

2013 AAST PLENARY PAPER

J Trauma Acute Care Surgery 2014



## Mortality of Severe Sepsis/Septic Shock

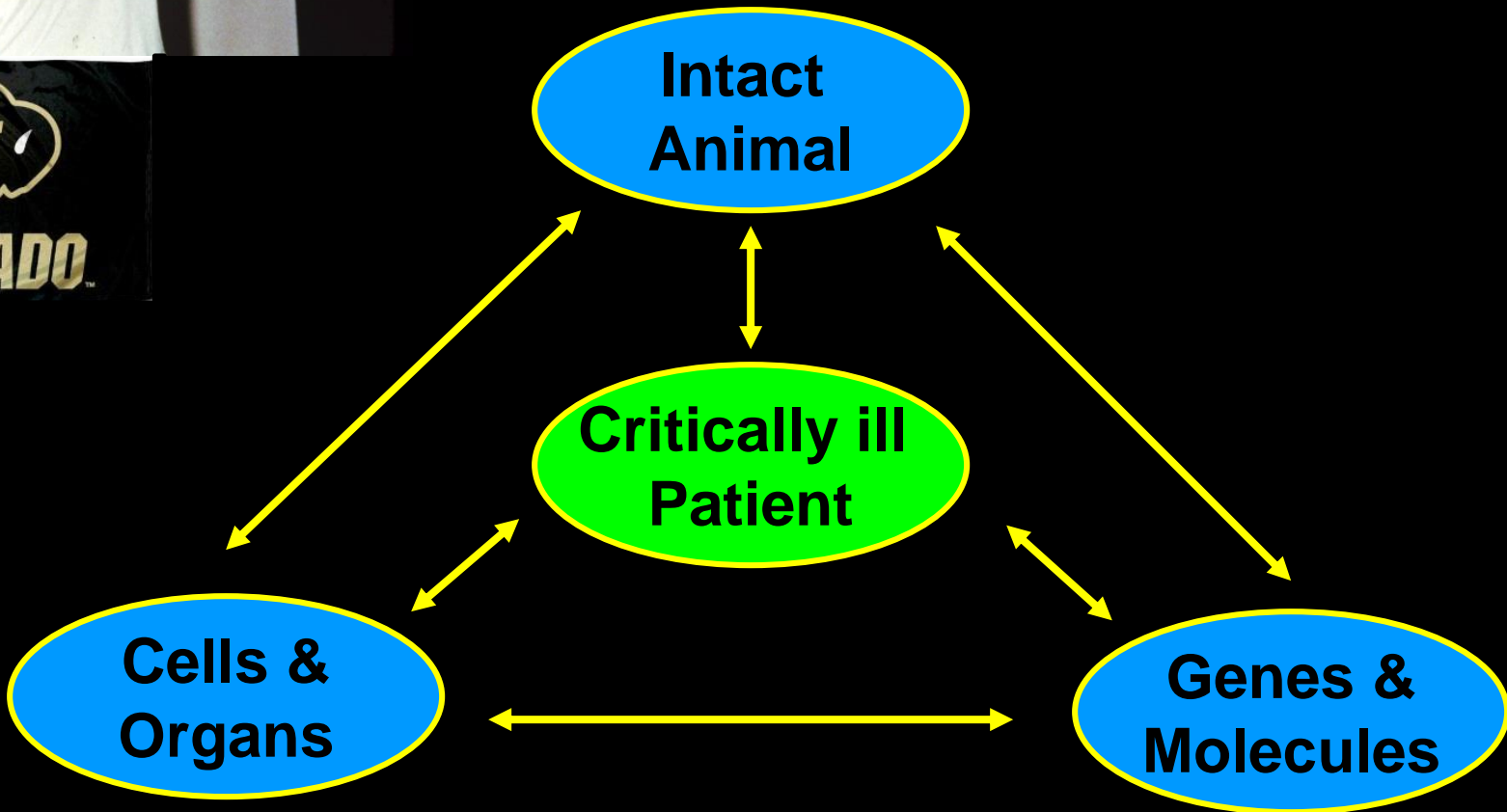
28% → 14%

**Alden Harken**



**Study Your Patients!**

## **TRANSLATIONAL RESEARCH**



# New Chronic Critical Illness (CCI) MOF Phenotype

Prolonged ICU stays - **manageable organ dysfunction**

Recurrent inflammatory insults & nosocomial infections

Persistent acute phase response - very **high CRPs**

**Neutrophilia** and **lymphopenia**

Cachexia despite good nutrition - a **wasting disease** like cancer

Poor wound healing & decubitus ulcers

Transfer to LTACs for **indolent death**

**Sepsis recidivism**

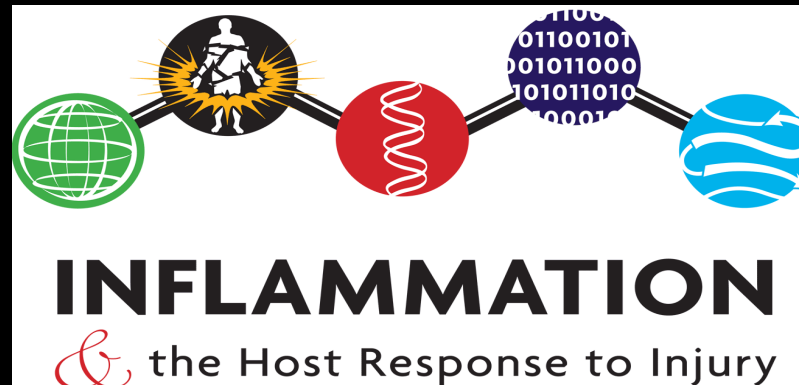


# A genomic storm in critically injured humans

Wenzhong Xiao, Michael N. Mindrinos, Junhee Seok, Joseph Cuschieri, Alex G. Cuenca, Hong Gao, and the Inflammation and Host Response to Injury Large-Scale Collaborative Research Program

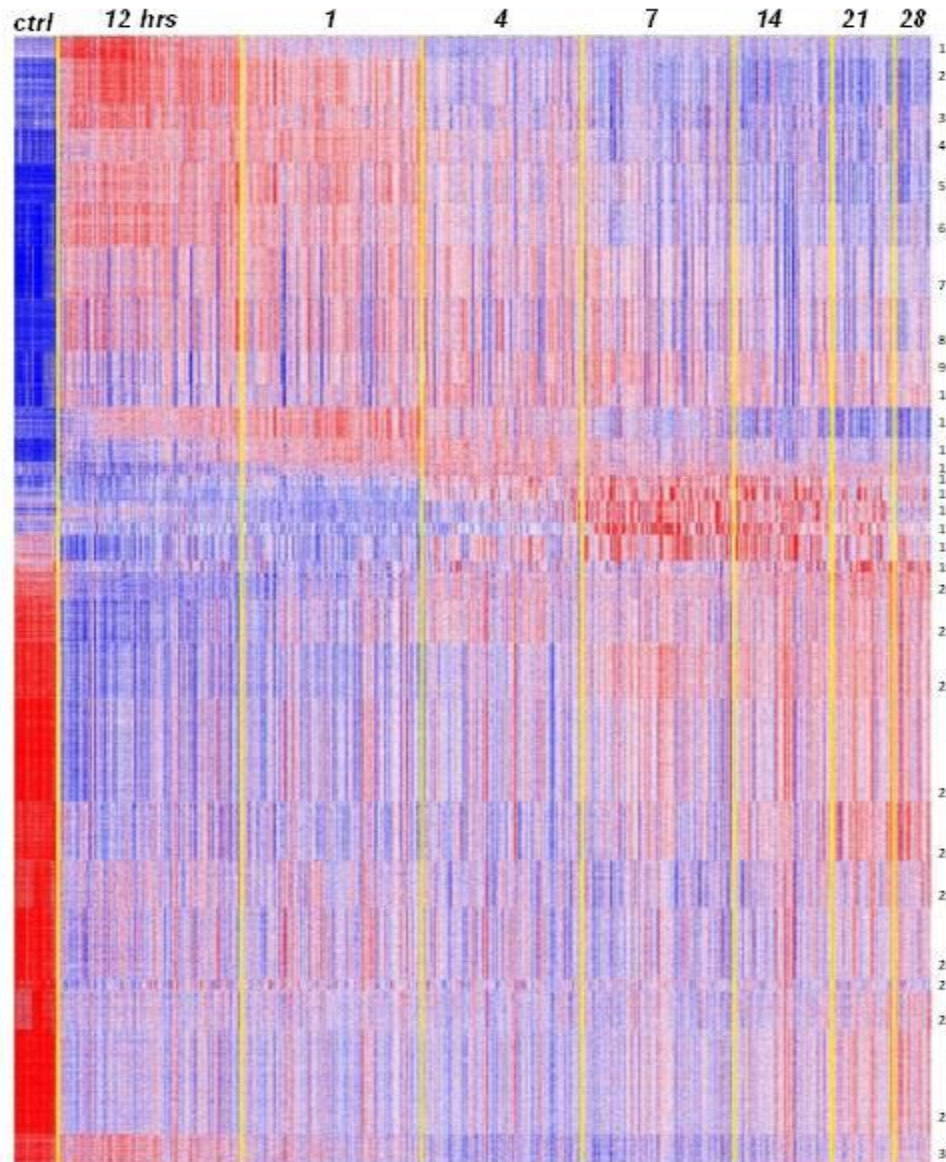
J. Exp. Med 2012

## Glue Grant



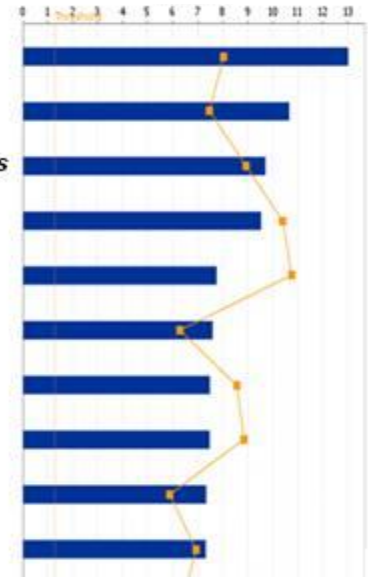
# A Genomic Storm – 75% of Genes Up or Down Regulated

## A. Gene expression After Severe Trauma



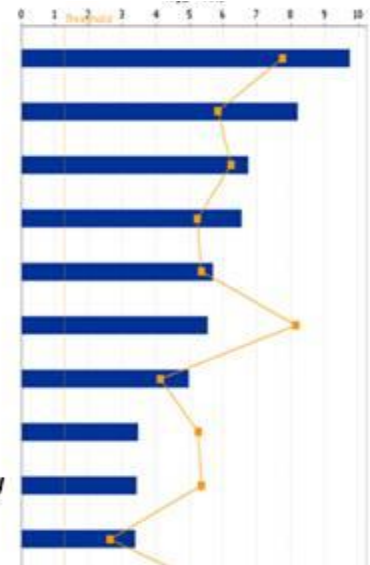
## B. Up-regulated Innate Immunity

- 1 *Integrin signaling*
- 2 *Leukocyte extravasation*
- 3 *FcγReceptor mediated phagocytosis*
- 4 *IL-10 signaling*
- 5 *Toll-like receptor signaling*
- 6 *Ephrin Receptor signaling*
- 7 *IL-6 signaling*
- 8 *TREM1 signaling*
- 9 *Actin Cytoskeleton signaling*
- 10 *B cell receptor signaling*



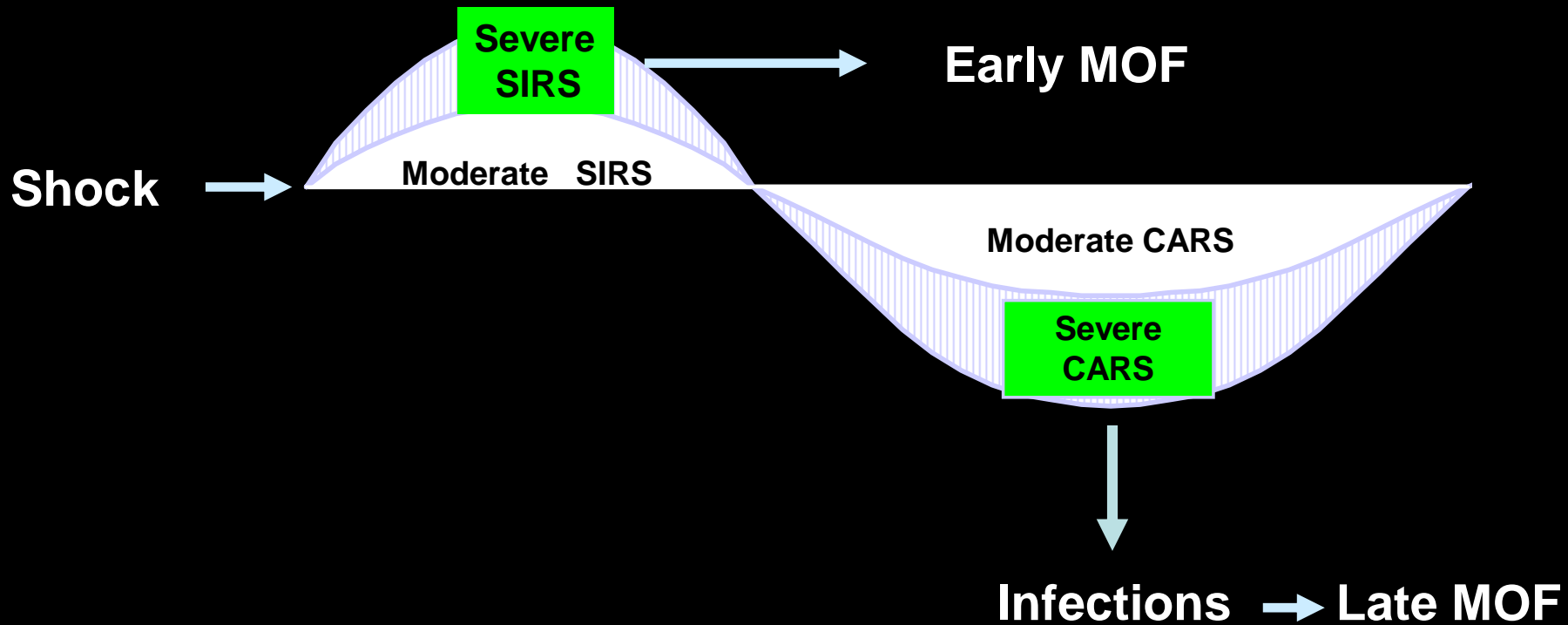
## C. Down-regulated Adaptive Immunity

- 22 *Ca<sup>2+</sup> T cell apoptosis*
- 23 *iCOS-iCOSL signaling in T cells*
- 24 *CTLA4 signaling in CD8 T cells*
- 25 *CD28 signaling in T cells*
- 26 *T cell receptor signaling*
- 27 *CD8 T cell mediated apoptosis*
- 28 *Role of NFAT in immune response*
- 29 *IL-4 signaling*
- 30 *Primary immunodeficiency signaling*
- 30 *Purine Metabolism*



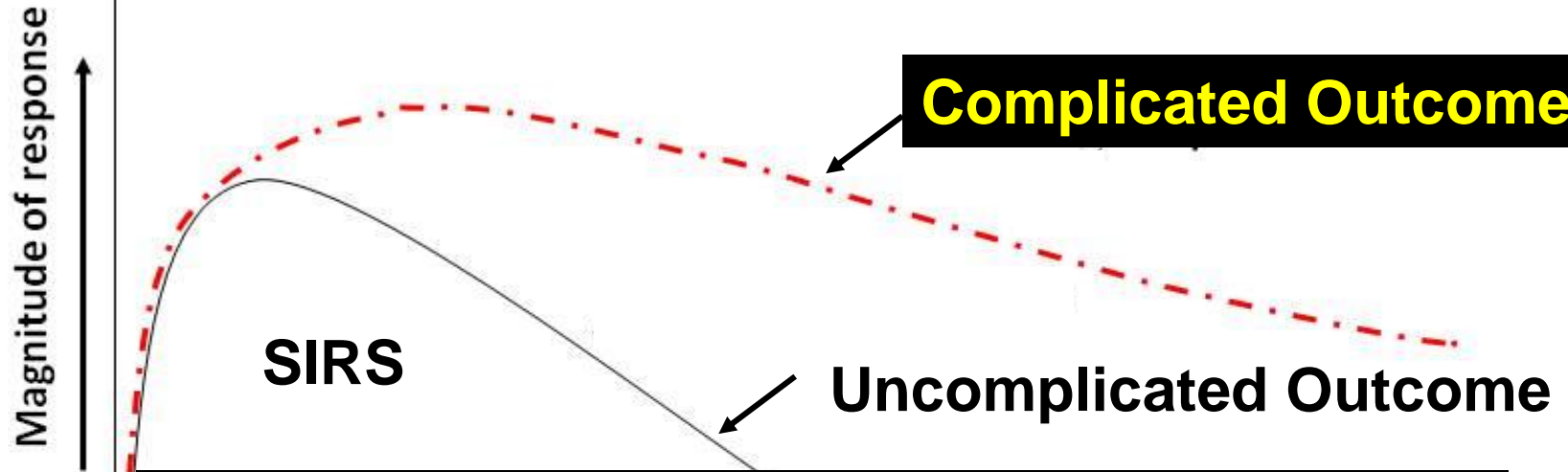
# Study Hypothesis

## Immunologic Trajectory of a Complicated ICU Course

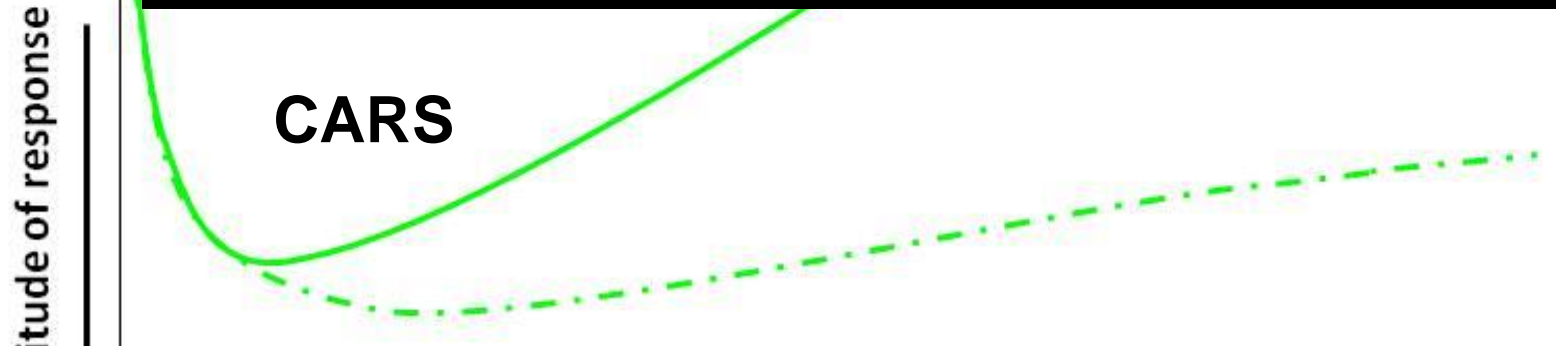




# Dysregulated Innate Immunity

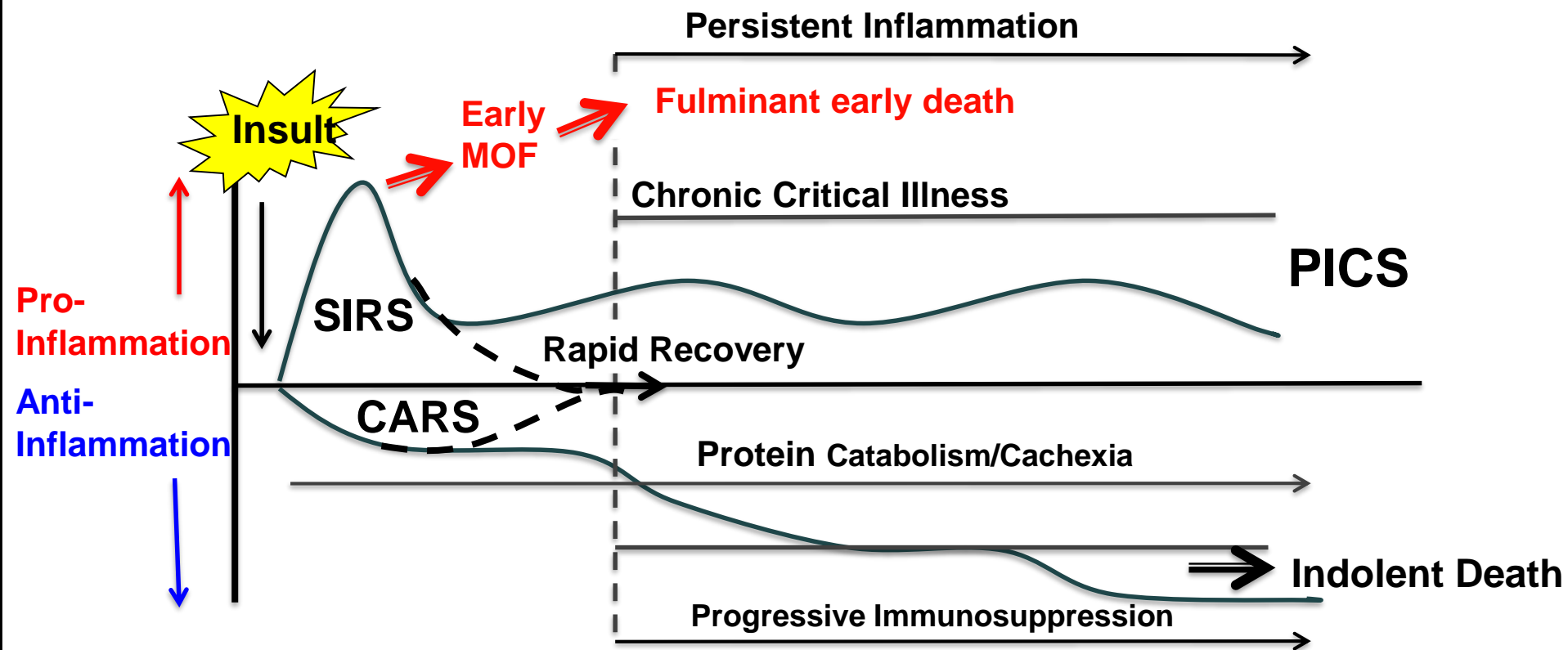


**Failure to Achieve Immunologic Homeostasis**



# Dysregulated Adaptive Immunity





## Wrote a Review Article

Persistent inflammation and immunosuppression: A common syndrome and new horizon for surgical intensive care

Lori F. Gentile, MD, Alex G. Cuenca, MD, PhD, Philip A. Efron, MD, Darwin Ang, MD, PhD, MPH, Azra Bihorac, MD, Bruce A. McKinley, PhD, Lyle L. Moldawer, PhD, and Frederick A. Moore, MD, *Gainesville, Florida*

J Trauma 2012

# A Paradoxical Role for Myeloid-Derived Suppressor Cells In Sepsis and Trauma

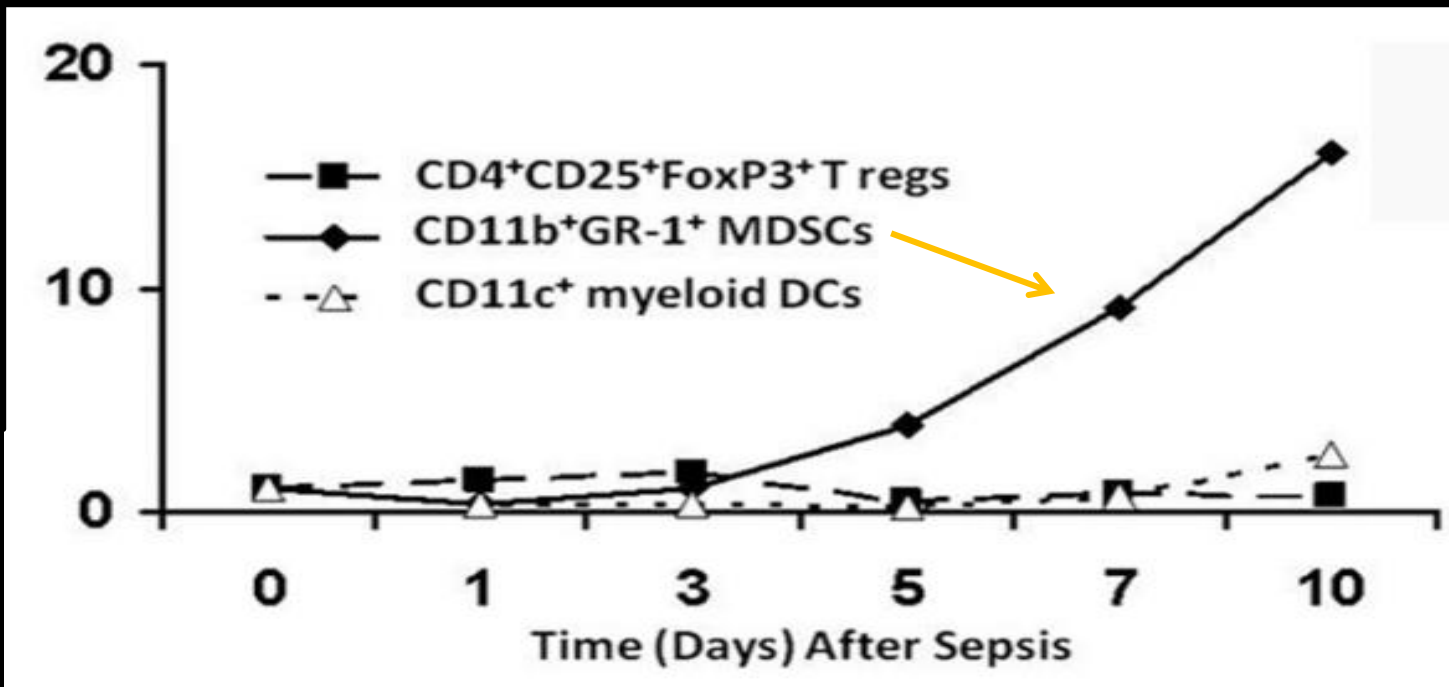
Alex G Cuenca, Matthew J Delano, Kindra M. Scumpia, Claudia Moreno, Phillip O Scumpia, Drake M LaFace, Philip A Efron and Lyle L Moldawer

Mol Med 2011



T32 Fellow

## MDSC Expansion in Chronic CLP Sepsis Model



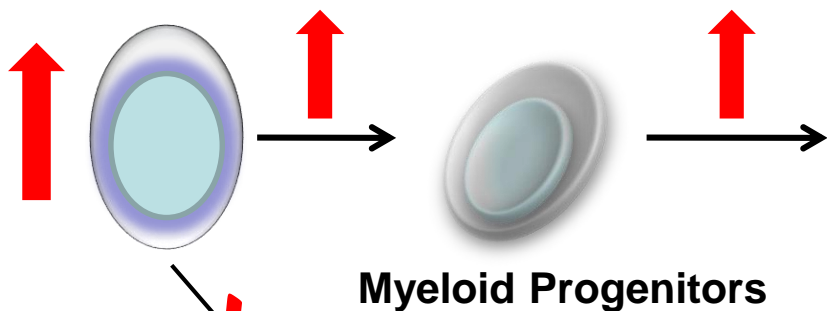
# Conserved Bone Marrow Response to a Variety of Insults

**Emergency Myelopoiesis**

**Injury  
Infection  
Tumor Growth  
Inflammation**

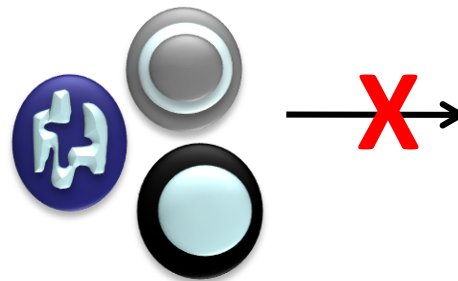
**Hemopoietic Stem Cells**

**Promote Innate Immunity**



**Suppress Adaptive Immunity**

**Myeloid Progenitors**



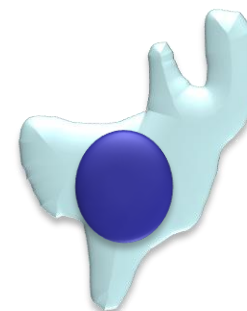
**Myeloid Derived Suppressor Cells**

**Released Early from Bone Marrow**

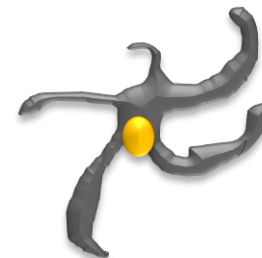
**Granulocytes**



**Macrophages**



**Dendritic Cells**



**Lymphoid Progenitors**

**Lymphopenia**

# Myeloid Derived Suppressor Cells (MDSCs)

Fight infections (but are poor phagocytes)

Cause inflammation (via NO, MPO & ROS)

Cause immunosuppression: ↓ Antigen presentation  
↓ T-cell proliferation  
↑ anti-inflammatory cytokines

Impair wound healing: express arginase-1, depletes arginine

**Early Innate immunity**

**Persistent Inflammation**

**A. Clinical Response**

**Pro-Inflammation**  
**Anti-Inflammation**

**Sepsis**

**Early MOF**

**Fulminant death**

**Chronic Critical Illness**

**PICS**

**SIRS**

**CARS**

**Rapid Recovery**

**Protein Catabolism/Cachexia**

**Indolent Death**

**Driving Mechanism**

**B. Individual Cell Response**

**Moldawer Lab Studies**

**Macrophage Activation**

**TRegs**

**MDSCs**

**Dendritic Cells**

**Macrophage Paralysis**

**T Effector Cell Number and Function**



**Imagination**

# Project 1

**Long Term Effects of CCI**

## PICS-CCI Phenotype

- Cechezia & Malnutrition
- Chronic Kidney Insufficiency
- Poor Vascular Health
- Ventilator Dependence
- ↓ Ability to Carry-out AODLs
- Poor Wound Healing
- ↑ Long-term Mortality
- Failure to Rehabilitate
- Indolent death

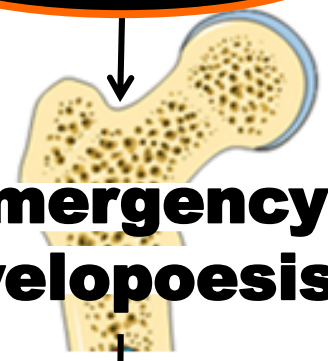
## CCI Progression Project 4

- ↓ Nutrient Utilization
- Loss of Lean Muscle Mass
- ↑ Nosocomial Infections
- Ventilator Dependence
- ↓ Adaptive Immunity
- Delirium and ↓ Mobility

**Short Term Consequences**

## Sepsis Recidivism Project 2

**Sepsis**



**Emergency Myelopoiesis**

## Beneficial Effects of MDSCs

- Improved Immune Surveillance:
- ↑ NO, ROS, & Phagocytosis
- Accentuate Acute Inflammation

## **Pathway to PICS-CCI**

## Project 3



AKI



No AKI

## Harmful Effects

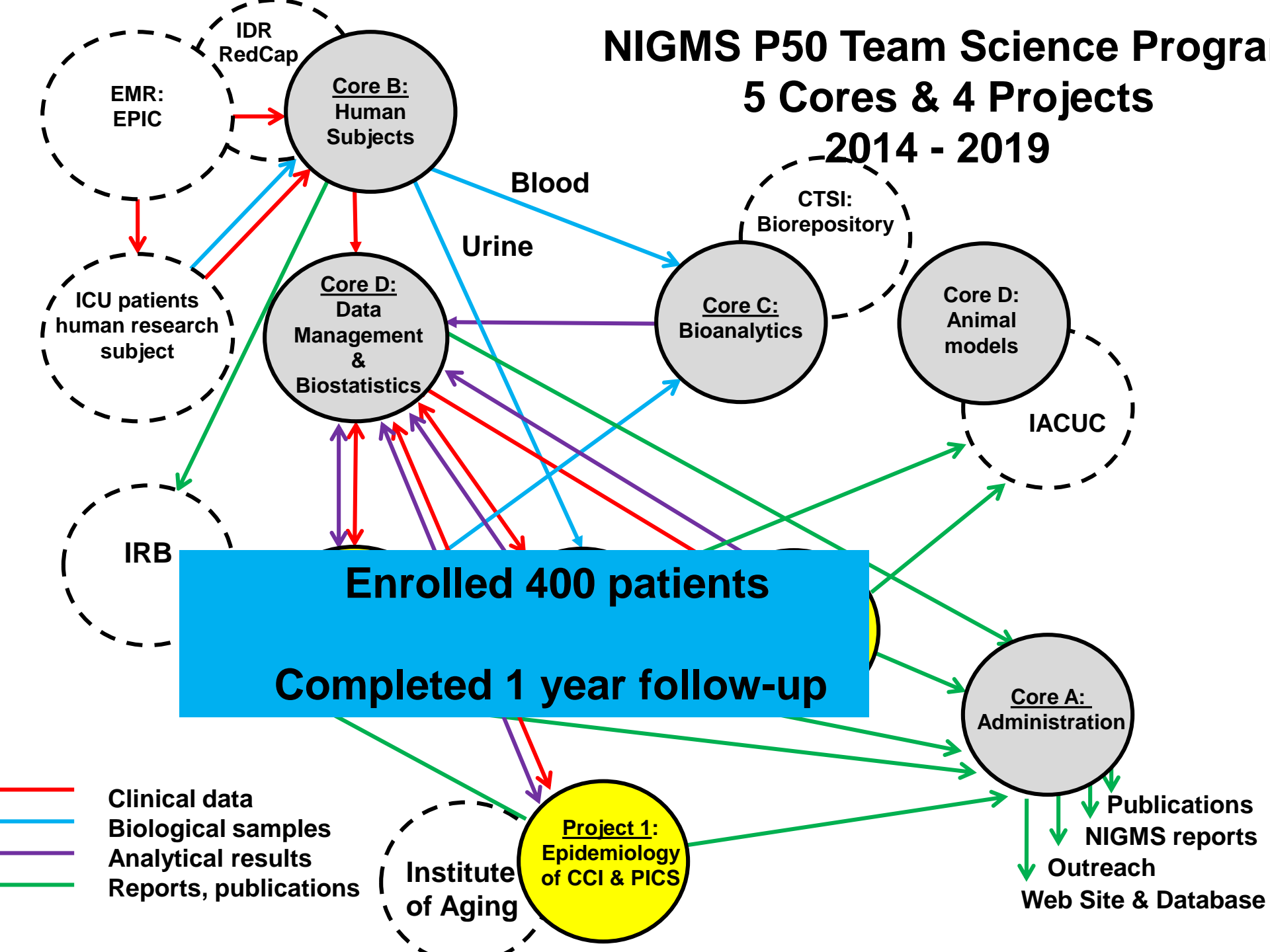
- Low VEGF/High EPO Ratio:
  - Anti-angiogenic State
  - Pro-inflammation
- Prolong MDSC Expansion:
  - Immunosuppression via iNOS, ARG1 & IL-10
  - Chronic Inflammation via TNF, RANTES & MIP-1
  - Lack of Progenitor Stem Cells

**Rapid Recovery**

# NIGMS P50 Team Science Program

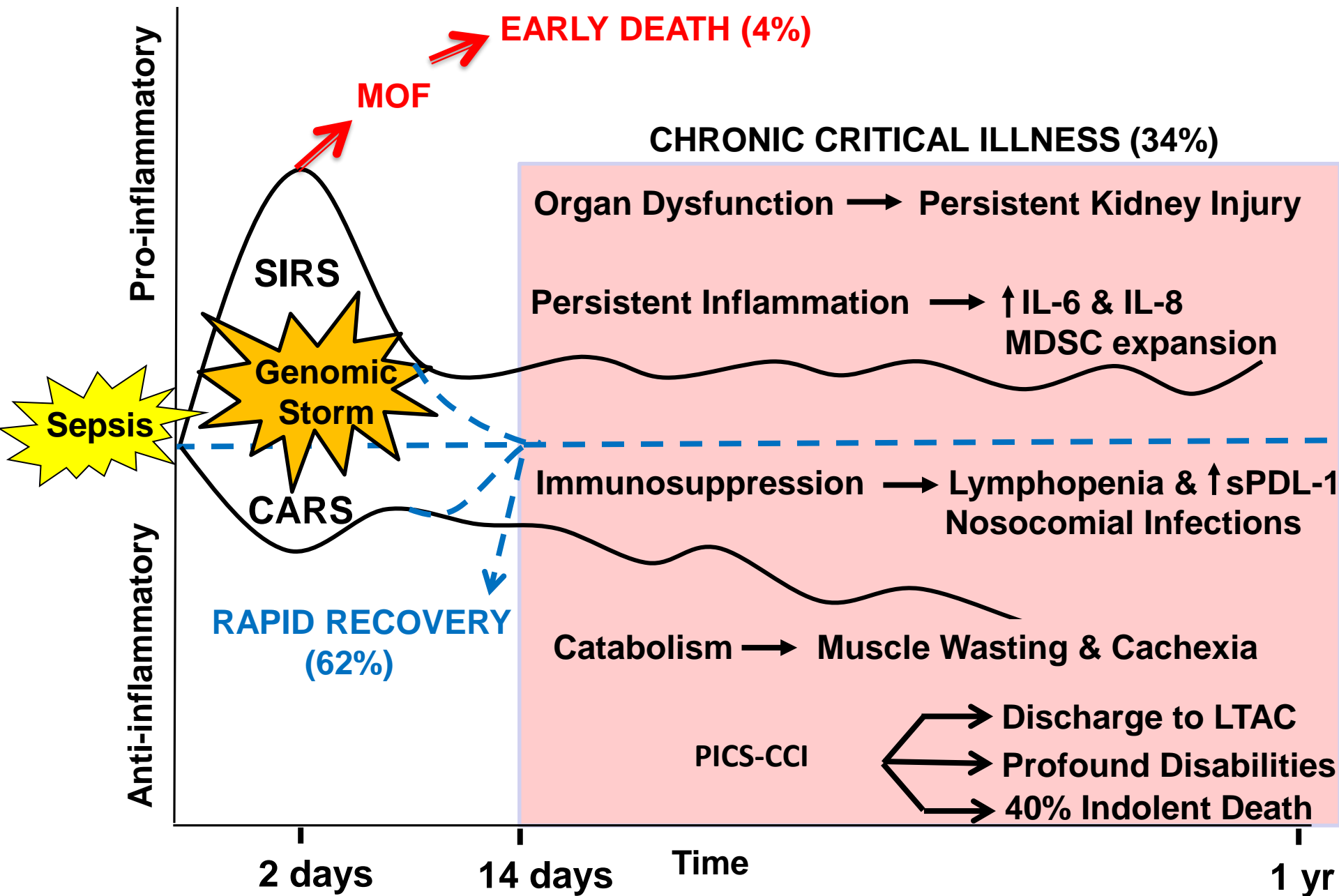
## 5 Cores & 4 Projects

### 2014 - 2019





# Three Clinical Trajectories



# Chronic Critical Illness and the Persistent Inflammation, Immunosuppression, and Catabolism Syndrome.

Russell B. Hawkins, Steven L. Raymond, Julie A. Stortz, Scott Brackenridge, Philip A. Efron, Azra Bihorac, Mark Segal, Frederick A. Moore and Lyle L. Moldawer

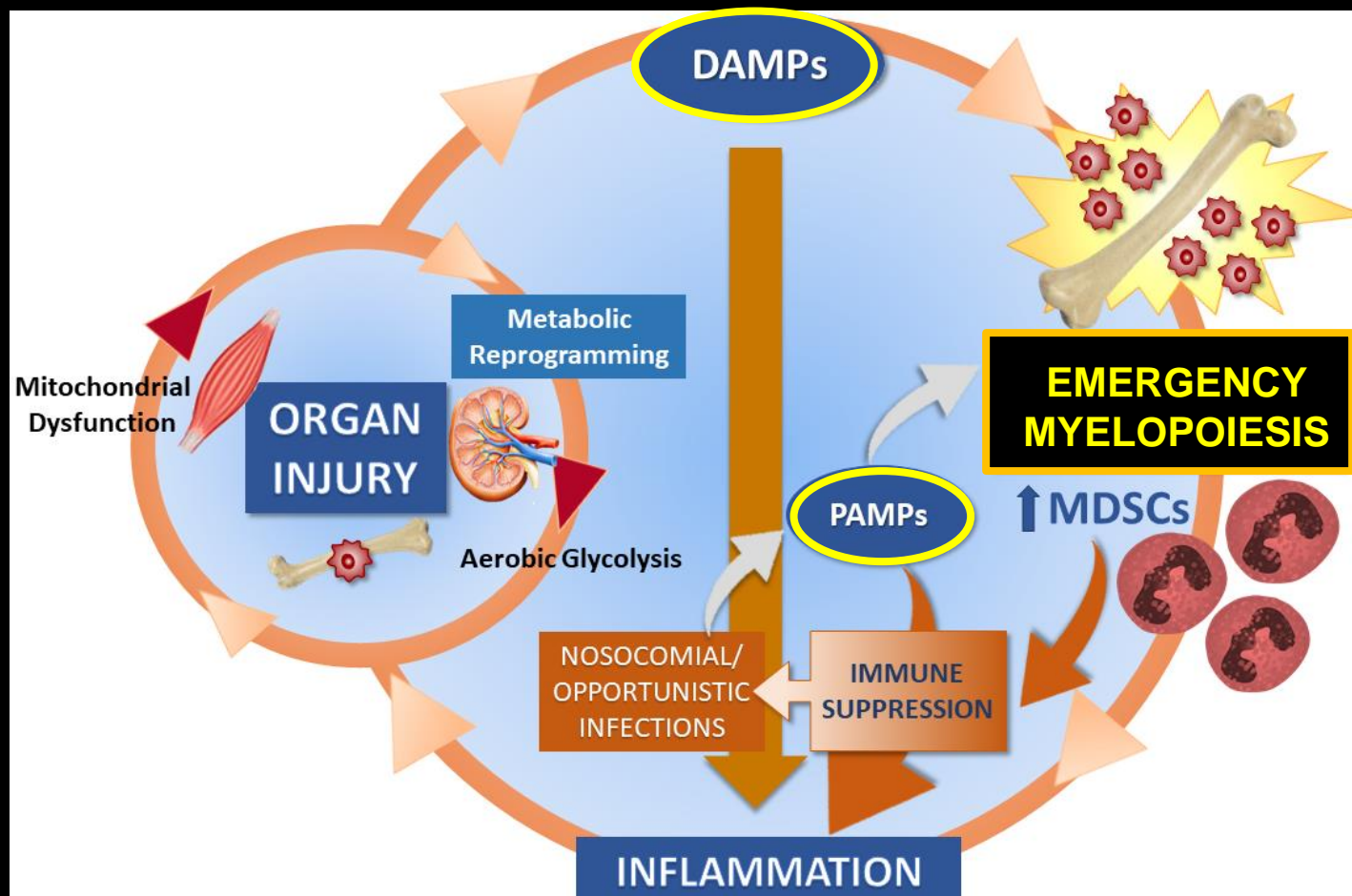
Front Immunol 2018

## Self Perpetuating Cycle of Inflammation



Cartoon

NIGMS  
RM1  
Grant

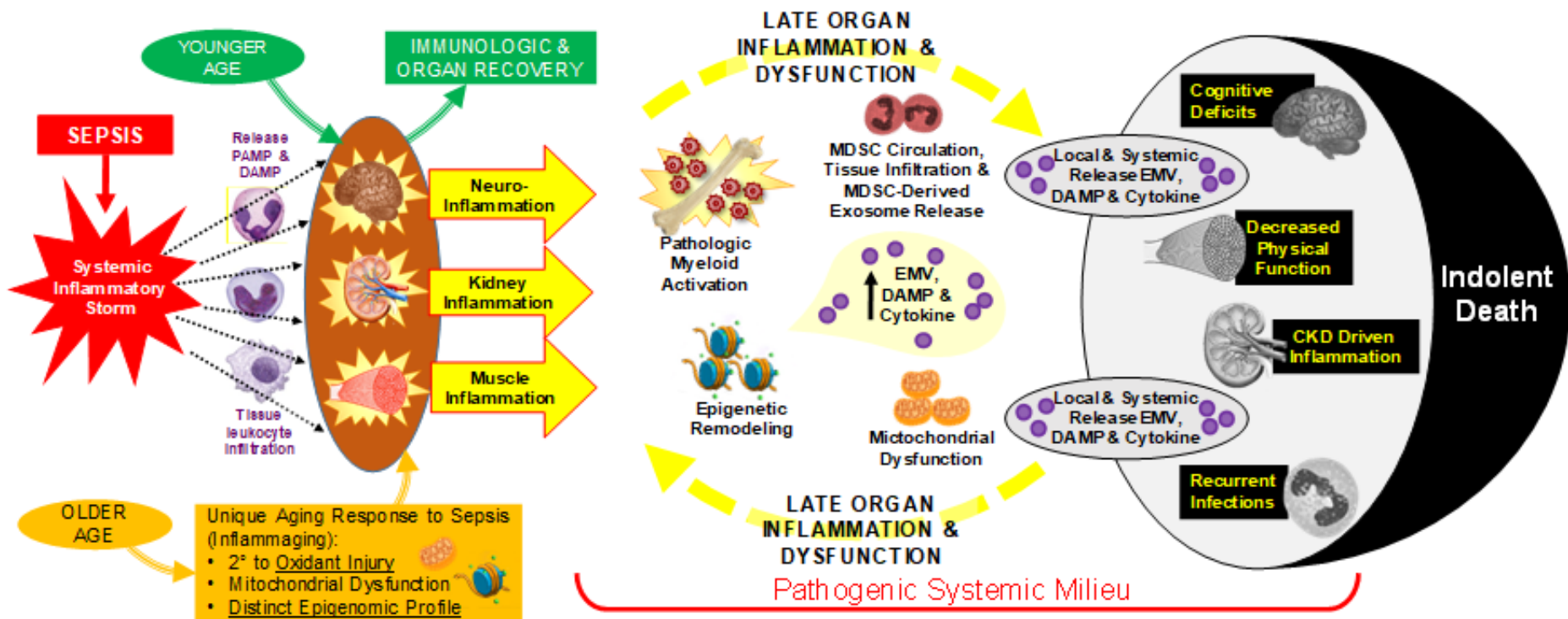




# Pathophysiology of PICS-CCI in Septic Older Adults

## New PO1 Team Science Grant for NIA

Phil Efron



Another Cartoon

## **Summary: Imagination Trumps Knowledge**

**Pick a Topic and Study Your Patients**

**Write a Review Article with Collaborators**

**Construct a Cartoon: **Win-Win Testable Hypothesis****

**Prospectively Test the Hypothesis**

**Determine Where you were Right and **Wrong****

**Draw Another Cartoon**

**“ The connection between cause and effect  
has no beginning and can have no end ”**

**Leo Tolstoy  
War and Peace**

“ The connection between cause and effect  
has no beginning and can have no end “

Leo Tolstoy  
War and Peace

“ Imagination is more important than knowledge ”

**Albert Einstein**







