

UF-Jacksonville Center for Autism and Related Disabilities Trainings and Group Events 2010- 2011

“On Demand for Educational Professionals”

The UF-Jacksonville CARD clinicians possess training and expertise to present on a wide array of topics. Please see below for some of the trainings that we can offer per your organization’s request. If you would like to arrange a training, please contact the person listed by the training in the below table or contact our Clinical Director, Dr. Mae Barker. All trainings are offered free of charge to educational professionals in our six-county service area of Baker, Clay, Duval, Nassau, Flagler, and St. Johns. Depending on your organization’s computer access, some trainings can be offered online through Adobe Connect.

Title and Presenter	Target Audience	Duration of Training	Training Summary	Contact to Arrange Training
CARD Orientation	New families enrolled in program	30 min	This CD provides parents with information on how CARD works with families and serves individuals with autism.	Available via CD or online – call CARD for more information 633-0760
“What is Autism?”	educators, service providers	30 min	This training will cover the basic characteristics of autism spectrum disorders.	Available via CD or online
“Early Detection of ASD”	Educators, service providers	1.5-2 hrs	Identifying Red flags for ASD – Screening tools and video examples will be provided.	Elise Bowers, M.A. elise.bowers@jax.ufl.edu 904-633-0768
“On Asperger’s Time: Characteristics and Support Strategies for Children with Asperger’s Syndrome”	School counselors, psychologists, teachers	1-1.5 hr	Describe unique characteristics and educational needs of children diagnosed with Asperger's Syndrome. Will include a variety of strategies and interventions that can be implemented in the school setting to significantly improve the functioning and quality of life of individuals with Asperger’s Syndrome.	Elisha Landers, MEd 904-633-0760 Elisha.landiers@jax.ufl.edu Or Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu
“Early detection of developmental delays and the Early Intervention program”	Childcare professionals, Medical providers, and other service	1-1.5 hrs	Training will cover typical developmental progression and milestones in the birth to three population, and what to do if	Jill O’Brien 904-633-0760 Melanie.O'Brien@jax.ufl.edu

	providers		developmental concerns are suspected.	
Intervention Strategies for Preschool/Daycare Teachers Serving Students with Autism	Preschool and childcare educators	1-2 hr	Training will teach preschool and childcare workers how to capitalize on every day learning opportunities and how to use the child's therapist/interventionist as a resource.	Jill O'Brien 904-633-0760 Melanie.O'Brien@jax.ufl.edu
Visual Supports for the Classroom	Teachers	2 hr	Visual supports can be extremely helpful to supporting the learning of students with autism. This presentation will review some of the most common visual supports (picture schedules, picture exchange systems, first/then boards) and provide examples of how to use them. Participants will also learn how to use the visual support station at CARD to make supports.	Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu

Regularly Occurring Trainings and Events For Parents and Family Members

Title and Presenter	Target Audience	Duration of Training	Training Summary	Training offered	For more information about Training
Autism Parent Connect: Support group and learning session for parents	Parents of children with autism	1 hour	Connect with other parents who have children with autism, learn from other parents, learn about local resources – facilitated by CARD Clinical Director, Dr. Barker	Monthly, last Tuesday of each month 6-7pm Starting 9/28/10	Mae Barker, PhD, BCBA-D Mae.barker@jax.ufl.edu 904-633-0760
The ABC's of Behavior:	Parents of children with ASD	2 hours	Brief introduction to the Applied Behavior Analysis approach to understanding challenging behavior – this will better prepare families for working with CARD Clinician in addressing their child's	Monthly at CARD in a.m. and p.m. sessions – see CARD calendar of events for dates and times	Elise Bowers, M.A. elise.bowers@jax.ufl.edu 904-633-0768 Can register by contacting front office 904-633-0760

			behavior		
Teaching Communication and Social Skills to Emergent Language Children	Mostly for parent of pre-school age children	2 hours	Covers goal setting, mand training, strategies to increase interaction/motivation	Monthly at CARD in a.m. and p.m. sessions - -- see CARD calendar of events for dates and times	Elise Bowers, M.A. elise.bowers@jax.ufl.edu 904-633-0768
“Maximizing Early Intervention and Navigating Early Steps”	Parents of children with autism from birth to 3 yr of age	1-2 hr	Training will provide a basic overview to parents with children enrolled in local early intervention program about how to make the most of their child’s early intervention experiences by understanding their rights, early intervention terminology, their child’s Individualized Family Support Plan, and how to follow through with strategies in the child’s natural environment.	Quarterly at CARD in Large Conference Room 9:00am	Jill O’Brien 904-633-0760 Melanie.O’Brien@jax.ufl.edu
Social Skills in the Home	Parents	1.5 hr	This training will focus on teaching social skills to children and adolescents in the home - different methods and approaches to teaching will be covered as well as how to work with your child’s school to support social skill development.	Monthly -- see CARD calendar of events for dates and times	Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu Or Elisha Landers, MEd 904-633-0760 Elisha.landiers@jax.ufl.edu
Teaching Language in the Home Using the Verbal Behavior Approach	Parents	2 hr	Participants will learn about the Applied Behavior Analysis approach to teaching language. Parents will learn how to facilitate their child’s language development during everyday activities.	Every 2 mos -- see CARD calendar of events for dates and times	Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu or Elisha Landers, MEd 904-633-0760 Elisha.landiers@jax.ufl.edu

<p>Organization and Study Skills for Inclusion – Primary</p>	<p>Parents and Students</p>	<p>90 min</p>	<p>Students and parents will learn how to approach homework every night. Students will create a homework routine and learn how to organize materials for school. Parents will learn how to help their children attend to the task at hand until completion.</p>	<p>Quarterly; Evening 6-7:30 – see CARD calendar of events for dates and times</p>	<p>Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu</p>
<p>Making and Using Visual Supports</p>	<p>Parents</p>	<p>2 hr</p>	<p>Visual supports can be extremely helpful to supporting the learning of students with autism. This presentation will review some of the most common visual supports (picture schedules, picture exchange systems, first/then boards) and provide examples of how to use them. Participants will also learn how to use the visual support station at CARD to make supports.</p>	<p>Monthly - – see CARD calendar of events for dates and times</p>	<p>Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu</p>

Regularly Occurring Trainings and Events For Adults with Autism and Related Disabilities, Parents or Caretakers, and Educational Professionals:

Title and Presenter	Target Audience	Duration of Training	Training Summary	Training offered	For more information about Training
Discovering Capabilities	Students (16-19 yr of age), parents and teachers.	2 hr	<p>This training is for students and parents. Students will discover: who they are, what their strengths and talents are, what they want to do in the future, how they will get where they want to go, and who will provide supports.</p> <p>Discovery provides direction for future postsecondary life. Information gathered is placed in a Student Profile. The purpose is for sharing information in career and job development.</p> <p>Parents and students must both register for this class.</p> <p>Must have 3 students and their parents to start the class.</p> <p>Limit: 6 students/class</p>	<p>Every 6 mos.</p> <p>Between 3:30-5pm (depending on location).</p> <p>Six weekly sessions per training unit</p>	<p>Anne Wilson, MST, BCaBA <i>Educational Coordinator/Transition Specialist</i> Phone: (904) 633-0764 anne.wilson@jax.ufl.edu</p>
Resume, Applications, and Interview	High School Seniors, Adults, Parents and Teachers	2 hr	This workshop is designed for students who want to go to work and are actively seeking employment. Parents of graduating students may also	<p>Quarterly</p> <p>Between 3:30-5pm (depending</p>	

			attend. Must have 3 students to start the class.	on location)	
Increasing Student Participation in a Self-Directed IEP	High School students	90 min	It is important for students in transition to be actively involved in the individual educational program meeting. Students will learn how to begin the meeting and state its purpose, introduce everyone, review past goals and performance, ask for feedback, state your school and transition goals, ask questions, deal with differences in opinion, request supports, summarize goals and close a meeting.	Semester 3:30 -5:00 PM	
Transitioning Students from High School to Post-Secondary (ON DEMAND)	Parents	90 min	Many parents of students with ASD find the process of transitioning students to postsecondary life overwhelming, stressful and time consuming. There is a lot to think about and plan for. Learn how to effectively prepare, plan and make decisions for postsecondary life.	Offered every 6 mos and ON DEMAND	Anne Wilson, MST, BCaBA <i>Educational Coordinator/Transition Specialist</i> Phone: (904) 633-0764 anne.wilson@jax.ufl.edu

Group Events: Below are listed groups held at UF-Jacksonville CARD through the year.

Title and Presenter	Target Audience	Duration of Training	Training Summary	Contact to Arrange Training
Behavioral Detective Camp for Students with Asperger's Syndrome and High Functioning Autism	Students with Asperger's Syndrome and High Functioning Autism ages 10 to 13 in an inclusion setting	90 min 2 days/ wk 6 weeks	<p>The camp focuses on teaching students important social skills through the use of visual organizers and video modeling. Students learn how to be "Behavioral Detectives" and develop strategies for dealing with difficult social situations.</p> <p>The camp utilizes several different instructional methods including visual organizers, ABA, and video self modeling. Topics are organized into two sections: conversational skills and interpersonal skills.</p>	<p>Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu</p> <p>Or</p> <p>Elisha Landers, M.Ed 904-633-0760 Elisha.landiers@jax.ufl.edu</p>
Behavioral Detective Camp for Students with Asperger's Syndrome and High Functioning Autism	Students with Asperger's Syndrome and High Functioning Autism ages 6 to 9 in an inclusion setting	90 min 2 days/ wk 6 weeks	<p>The camp focuses on teaching students important social skills through the use of visual organizers and video modeling. Students learn how to be "Behavioral Detectives" and develop strategies for dealing with difficult social situations.</p> <p>The camp utilizes several different instructional methods including visual organizers, ABA, and video self modeling. Topics are organized into two sections:</p>	<p>Katrina Ressa, BCaBA 904-633-0760 Katrina.ressa@jax.ufl.edu</p> <p>Or</p> <p>Elisha Landers, M.Ed 904-633-0760 Elisha.landiers@jax.ufl.edu</p>

			conversational skills and interpersonal skills.	
SibShops	8-12 year old typically developing siblings of children diagnosed with ASD or another significant disability	Every other month on Saturdays	Opportunities for brothers and sisters of children with special developmental needs to obtain peer support and education within a recreational context. The Sibshop model intersperses information, discussion activities and new games, all while focusing on fun!	Elise Bowers, MA elise.bowers@jax.ufl.edu 904-633-0768 Or Elisha Landers, MEd 904-633-0760 Elisha.landiers@jax.ufl.edu
Pre-K/Kindergarten Social Skills Clinic	Children ages 4-6 on the spectrum who are speaking in sentences	Summer, Spring, Fall 90 mins. 6 week segments	Parents will learn strategies for engaging their child, promoting communication and conversation, turn-taking, developing joint attention and other social skills. Parents will also learn how to practice, prompt and reinforce their child's socialization.	Elise Bowers, MA elise.bowers@jax.ufl.edu 904-633-0768

Group	Target Audience	Duration	Group info and Date/Time	Contact
Social Skills Group – for ages 14-17 yr with Autism	For individuals between the ages of 14-17 yr with autism	1.5 hr	Learn social skills/facilitate social interactions Monthly, 1 st Wednesday of each month 4:00 to 5:30 p.m.	Maria Tapia, PhD, 904-633-0758 maria.tapia@jax.ufl.edu
Mothers' Support Group	For mothers of adolescents in the	2 hr	Connect with and learn from other parents; Provide opportunities for and	Maria Tapia, PhD, 904-633-0758

	above Social Skill Group		reinforce social skills at home. Monthly, 1 st Wednesday of each month 3:30pm to 5:30 pm	maria.tapia@jax.ufl.edu
Siblings' Support Group	For siblings of adolescents in above social skills group	2 hr	Facilitate verbalizations of issues related to sibling disability/learn coping Monthly, 1 st Wednesday of each month 3:30pm to 5:30 pm	Maria Tapia, PhD, 904-633-0758 maria.tapia@jax.ufl.edu
Adolescent Asperger Group	For individuals 17 to 21 years old diagnosed with AS	2 hr	Facilitate social interactions; Discuss social issues at home, school and work: learn social skills and coping mechanism to deal with those issues. Monthly , 2 nd Monday of each month 4 to 6 p.m.	Maria Tapia, PhD, 904-633-0758 maria.tapia@jax.ufl.edu
Adult Asperger Group	For individuals 21 years old and older diagnosed with AS, including spouses or significant others.	2 hr	Support group. Discuss social issues at home and work. Monthly, 2 nd Monday of each month 6.30 to 8.30 p.m.	Maria Tapia, PhD, 904-633-0758 maria.tapia@jax.ufl.edu