Developmental Checklist For Infants And Toddlers

At 1 Month

- Momentarily holds up head when supported.
- Avoids slightly annoying sensations, such as cloth put on face.
  - Some "gurggling" sounds.
- Raises head slightly off bed or floor when lying on stomach.
- Briefly watches and follows object with eyes.
  
  At 2 Months
  
  - Vocalizes.
  - Mimics or responds to smiling person with occasional smile.
  - Follows moving person with eyes
- Holds feet erect, bobbing, when supported while sitting.
  
  At 3 Months
  
  - Lifts chest and head when lying on stomach.
    - Recognizes breast or bottle.
    - Spirited body movement.
      - Chuckles, coos.
    - Improved head control.
      
      At 4 Months
      
      - Rolls from side to side.
  - Follows moving object when held sitting.
    - Good head control.
      - Laughs.
    - May begin to reach.
      - Enjoys play.
- Grasps object, such as rattle, held near hand.
  
  At 6 Months
  
  - Rolls from back to stomach.
- Moves object from hand to hand, hand to mouth.
  - Sits with little support.
  - Babbles more than two sounds.
  
  At 9 Months
  
  - Sits by self.
  - Unwraps block.
  - Changes position without falling.
  - Says "mama," "baba" or "dada".
  - Plays with two objects at same time.

At 12 Months (1 Year)

- Pulls self up, stands.
- Gives toy on request.
- Steps with support.
- Displays affection.
- Picks up things with thumb and one finger.
- Follows simple directions with gesture.
  
  At 15 Months
  
  - Stacks two blocks.
  - May say two or more words.

At 18 Months

- Walks without support.
- Says four or five words.
- Stacks three blocks.
- Vocalizes, voice up and down, sounds like conversation.
  
  At 24 Months (2 Years)
  
  - Some feeding of self.
  - Uses gestures to communicate.

At 21 Months

- Walks, runs a little.
- Marks with crayon on paper.
- Climbs up or down one stair.
  
  At 30 Months
  
  - Partially feeds self.
  - Enjoys pull toys.
  - Says five to ten words.
  - Likes being read to.

At 36 Months (3 Years)

- Kicks large ball.
- Recognizes familiar picture, knows if upside down.
  
  At 42 Months (3.5 Years)
  
  - Turns pages, two or three at a time.
  - Asks for items by name.
  - Imitates housework.
  - Uses two or three words together, such as "Want blanket".

At 48 Months (4 Years)

- Briefly stands on one foot.
  
  At 54 Months (4.5 Years)
  
  - Feeds self.
  - Walks up stairs.
  - Opens door.
  - Rides tricycle.
  - Verbalizes toilet needs.
  - Speaks in sentences.